

BAC UPDATE JANUARY 2018

Hello BAC Members,

Welcome to our BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

Board Member Election 2018 Jan 3rd – Feb 14th 2018.

Tomorrow, Jan. 3rd 2018 you will receive an email with a link to vote. With the end of the term for one board member approaching, Marty Fink, we will have one vacant board position to be filled in 2018. The candidate is listed below. You will need to have renewed your membership prior to January 3rd 2018 in order to vote. [Please Vote Tomorrow!!](#)

Brenda Cole (Fredericksburg, TX). She has been a member of BAC since 1998 and has participated in over 60 BAC rides in the US, England, France, Italy, Spain and New Zealand. She has also acted as co-director on 12 rides. She and her husband, John, have lead bike tours for their tandem club in England, Ireland, Italy and Nova Scotia and been on the committee to plan 2 tandem rally weekends where 100 or more teams participated. When not biking Brenda can be found in the kitchen preparing gourmet meals, hiking, gardening and reading. Brenda spent the last 20 years of her career working at Mobil Oil Corporation (now ExxonMobil), holding positions in accounting and financial analysis. She is excited to have the opportunity to give back to BAC by becoming a member of the Board of Directors and believes her excellent organization and problem solving skills will be useful to the Board and the club.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in San Diego, CA Thursday March 15, 2018!! Any BAC members in the San Diego, CA area are invited to the Annual General Meeting of the Members on Thurs. March 15, 2018 at 3:30pm followed by a Social Gathering at 4:30pm to meet your Board of Directors. Meeting will be held at the Bahia Hotel 998 West Mission Bay Drive, San Diego CA 92109, Café Bahia, and happy hour next door at Tangier Bar. Please RSVP if you would like to join us for the annual meeting and happy hour.

New Members We are pleased to welcome these new BAC Members who have joined us in Dec 2017. If they live near you give them a call.

Laura Welch, Takoma Park, MD
Lisa and Lisa Lund, Bainbridge Island, WA
Pamela Reynolds and Robert Richards, Santa Fe, NM
Carol Milstein, Redwood City, CA
John Dickens, Danville, CA
Mary Mueting, Seattle, WA
Cindy Tsingis, SF, CA
MaryO and Scott Galloway, Mercer Island, WA
Pamela Stern, Tucson, AZ
Thomas Nielsen, Dalkeith, W.A.
Sandra Isabell, Lake Worth, FL
Robert Becherer, Salt Lake City, UT
Avram Karel, White Plains, NY

Brook Edinger, Roma, Lazio
Lisa and Richard Hickey, Colorado Springs, CO
Phillip Farber and Linda Briggs, Ann Arbor, MI
Michael Huffaker, Chandler, AZ
Bill DeBender, Glen Allen, VA
Allen Hard and Marjorie Siegel, Batesville, VA
Peter Pollard, Portland, OR
Mary Stewart, Denver, CO
MaryJo Hughes, Richmond, VA
Dick and Diana Voelkel, Catonsville, MD
Scott Marnon, Juneau, AK
Fike Blaine and Deborah Fike, Argyle, TX
Glenda Marsh, Sacramento, CA
Peg Miller, Sylmar, CA
Donna Landry and David Deitz, Olympia, WA
Pepi Ross, Oakland, CA

VIEW FROM THE CHAIR (Karen Hass)

HAPPY NEW YEAR from the BAC Board!

Solo Supplement Payment Collection by BAC Office, Effective January 2nd, 2018. Effective only with BAC rides opening for registration today and in the coming months, members going on a ride who will pay the solo supplement fee (i.e., those going on the ride who will not have a roommate) should mail their solo supplement payment to the BAC Office – BAC, PO BOX 23998, San Diego, CA 92193 – rather than the Ride Leader. Your check should include a note indicating which ride it should be applied to. Please also be sure to include contact information (phone and email) in case there are any questions about where to apply your payment. The payment will be deposited by the BAC office and manually entered into the ride’s “Payment Collections & Disbursement Summary” report so that the Ride Leader will have a complete record of funds collected and disbursed for their tour.

New BAC Ride Leaders in 2017 & 2018. As we head into 2018, the BAC Board is pleased to recognize the 11 new BAC Ride Leaders who emerged in 2017. A big shout out, thanks, and congratulations to these 2017 Ride Leaders: **Ben Satterwhite**, NorthWest Corner Ride; **Birgit Stefani**, Bike and Barge: Paris to Bruges; **Carol Day**, Southern California’s Coast Ride; **David Docter**, Brittany, France: Celts, Coastlines, Crepes, Ciders; **Greg Corwin**, Total Eclipse of KY; **Judy DeSantis**, Minnesota Northwoods, Lakes and Trails 2017 and GAP and C&O Trail Ride; **Kathryn Engle**, Scenic Byways of Eastern Idaho; **Roger Hoyer**, Vienna Woods and Austrian Lake District; **Ron Schieblauer**, Northern Idaho Panhandle; **Sue Smith**, Nova Scotia: South Shore, Kejimikujik, & Annapolis Valley; and **Rita Zeidner**, Horsing Around the Virginia Blue Ridge Foothills.

The following 11 members will be new Ride Leaders in 2018 and 2019, and some of their rides still have space available: **Alexandra Wagner**, Southern Coastal Portugal, 2018 (full); **Arleen Sakamoto**, Sardinia Medieval Towns, 2018 (full); **Ben Cowan**, Taiwan: Tasting and Touring the Beautiful Island, 2018 (20 spaces); **Don Brumbaugh**, Bike Me to the Moon / Western Ohio, 2018 (5 spaces); **Eileen Vergino**, Jerusalem to Petra and Back, 2018 (11 spaces); **Richard Oddy**, Australia’s Seven Peaks and More, 2018 (7 spaces); **Sam Nuckols**, Dia de los Muertos in Oaxaca, 2018 (2 spaces); **Sharon Reed**, Tucson Sunshine and Saguaro Spring, 2018 (full); **Steven Roberts**, A Slice of Paradise in Colorado, 2018 (29 spaces); **John McCoy**, National Parks of Southern Utah, 2019 (full) and The Black Hills of South Dakota, 2019 (full); and **Sue Buntin**, Beaches of Southern California (10) and Selkirk Loop, 2019 (20 spaces).

BAC Ride Leader Forum: On Tuesday, December 12th, 7pm EST, the Board hosted the first BAC Ride Leader Forum via teleconference which 36 Ride Leaders attended. The forum was well received and generated a number of suggestions for better support for Ride Leaders, all of which will be considered by the Board at our annual retreat in

March. The key takeaways from the discussion were: (1) Ride Leaders like the credit card payment system and await the ability to collect solo supplements via credit card, (2) Ride Leaders want more consistency in the ride review process, (3) new Ride Leaders need more support, (4) Ride Leaders want a chance to provide input to policy changes the Board is considering, and (5) Ride Leaders want more frequent opportunities to interact with each other and the Board.

Updated BAC Policies. The BAC Board recently updated the following policies: number of tours per calendar year that a member can lead, and ride “ownership”. The full text of these will be attached to the December 2017 Board meeting minutes which will be posted to the BAC website in late January, available via the Docs link just beneath the BAC banner on the homepage. They are also being incorporated into the current revision of the “BAC Ride Leader Policies and Guidelines” which should be available in Docs in February.

Tip of the Month: Review and be sure you adhere to the BAC member standards of behavior: *“BAC supports the concepts of tolerance, fairness, and acceptance of all members regardless of gender, ethnicity, religion, sexual preference or any other personal characteristics. BAC expects all members to treat others with respect, kindness and compassion, and to behave in a safe manner while on a ride. BAC does not accept harassment of any kind from any member, and can revoke membership for unacceptable behavior.”* You can find this [statement on the BAC website’s homepage](#) in the section on “Membership.”

TOURS (George Ellis)

- 1. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

A Slice of Paradise in Colorado Aug 26-31, 2018. Ride Director: Steven Roberts. Start Location: Nathrop, Colorado. Finish Location: Nathrop, Colorado. Ride Rating: 2B!

Taiwan: Tasting and Touring the Beautiful Island Oct 31-Nov 15, 2018. Ride Coordinator: Ben Cowan in conjunction with Grasshopper Adventures. Start Location: Taipei, Taiwan. Finish Location: Taipei, Taiwan. Ride Rating: 3C!

Time Travel to Cuba Jan 20-Feb 1, 2019. Ride Coordinator: Thomas Rossman in conjunction with Experience Plus. Start Location: Santa Clara, Cuba. Finish Location: Havana, Cuba. Ride Rating: 2B.

2. Rides with Space Available

- Crete, A Greek Adventure Apr 23-May 3, 2018 [Space available for a single male to share a room!!](#)
- Bike Me to the Moon / Western Ohio May 12, 2018 - May 19, 2018 1B
- Canary Islands 2018 - Volcanos, Beaches and Mountains Jun 1, 2018 - Jun 16, 2018 2A
- Turin to the Sea and Back-Seeking the Perfect Cappuccino Sep 19, 2018 - Oct 3, 2018 3B
- Greetings From Asbury Park, NJ Sep 23, 2018 - Sep 30, 2018 1B [Space available for a single male to share a room!!](#)
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B

- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single male to share a room!!](#)
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Australia's Seven Peaks and More Dec 3, 2018 - Dec 15, 2018 4C
- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B

ARE YOU INTERESTED:

BAC Tandem Riders: Thank you everyone who has expressed interested in joining the BAC Tandem Community. The response has been impressive. To date we have 72 tandem teams on the list. This makes us think that there may be more of you out there. We have set up a Google+ Community called BAC Tandems. Invitations will be going out shortly to join our private Google+ community. If you ride tandem and haven't responded, please do so now to Bob Smith on Gmail at WeTandem@gmail.com. We are planning to send out the invitations to join the community no later than January 7th. Thank you, Bob Smith

MEMBERS' CORNER *The members' corner is a venue where members can share bicycling information and ideas with each other. Comments included do not necessarily represent positions of the BAC board. Submissions should not exceed 3 or 4 sentences in length and are subject to editing by the BAC board.*

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BAC UPDATE FEBRUARY 2018

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Board Member Election 2018 Jan 3rd – Feb 14th 2018.

We still have our Board of Directors election in progress. If you have not voted yet please vote by Feb 14th.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in San Diego, CA Thursday March 15, 2018!! Any BAC members in the San Diego, CA area are invited to the Annual General Meeting of the Members on Thurs. March 15, 2018 at 3:30pm followed by a Social Gathering at 4:30pm to meet your Board of Directors. Meeting will be held at the Bahia Hotel 998 West Mission Bay Drive, San Diego CA 92109, Café Bahia, and happy hour next door at Tangier Bar. Please RSVP if you would like to join us for the annual meeting and happy hour.

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John Dickens, Danville, CA
Mary Muetting, Seattle, WA
Cindy Tsingis, SF, CA
MaryO and Scott Galloway, Mercer Island, WA
Pamela Stern, Tucson, AZ
Thomas Nielsen, Dalkeith, W.A.
Sandra Isabell, Lake Worth, FL
Robert Becherer, Salt Lake City, UT
Avram Karel, White Plains, NY
Brook Edinger, Roma, Lazio
Lisa and Richard Hickey, Colorado Springs, CO
Phillip Farber and Linda Briggs, Ann Arbor, MI
Michael Huffaker, Chandler, AZ
Bill DeBender, Glen Allen, VA
Allen Hard and Marjorie Siegel, Batesville, VA
Peter Pollard, Portland, OR
Mary Stewart, Denver, CO
MaryJo Hughes, Richmond, VA
Dick and Diana Voelkel, Catonsville, MD
Scott Marnon, Juneau, AK
Blaine and Deborah Fike, Argyle, TX
Glenda Marsh, Sacramento, CA

Peg Miller, Sylmar, CA
Donna Landry and David Deitz, Olympia, WA
Pepi Ross, Oakland, CA

VIEW FROM THE CHAIR (Karen Hass)

February 1, 2017

Last year, 2017, was another busy one for BAC: we have nearly 2400 members; provided 29 domestic and 31 international tours for the membership; had 11 new Ride Leaders and 33 returning Ride Leaders; held another Ride Leader Seminar attended by 34 members; and held the first BAC Ride Leader Forum teleconference.

A hearty thanks to BAC's volunteer Ride Leaders, volunteer van drivers, volunteer Board members, our office manager, Nancy Bohnett, and our website developer Greg Corwin for their support throughout the year. A thanks to Bruce Nelson, who has done a fantastic job keeping the BAC photo slideshow fresh on our website's home page! Thank you also to the many members who pitch in to help our Ride Leaders during tours. BAC is a unique club, and it's the volunteers who continue to make it successful. I'm looking forward to another great year for the Bicycle Adventure Club. Happy touring to all of you!

The most recent update of the "BAC Ride Leader Guidelines" has just been completed and will be available within the month on the website via the "Docs" link. Significant changes since the December 2016 version include re-titling it to "BAC Ride Leader Policies and Guidelines," updating the ride "ownership" policy, and adding a policy for maximum number of rides led per year.

Ride "Ownership" Policy (revision): *Factors that the Board will consider when determining if the tour will be permitted if more than one tour is planned for the same area include:*

- *Whether the tour will appeal to the same type of rider, e.g. fixed based versus a point to point; vehicle moving luggage versus self-sustained (participants using panniers to carry gear); BAC rating (hilly and/or more than fifty miles a day of biking versus relatively flat and biking less than forty miles a day).*
- *Time of year (spring versus fall).*
- *Leader-directed tour versus one dependent on a commercial tour operator.*
- *The degree of overlap (e.g., communities visited, roads ridden) between the planned tour and the recent tour or another planned tour.*
- *How long it has been since the last BAC tour in the area even if the tour has not been formally "orphaned" by the last Ride Leader who lead it. Generally, if a specific tour has not been offered to the BAC membership in more than three years, the BAC Board will contact the Ride Leader who last led the tour and inquire as to their intentions to lead that tour again. If that Ride Leader declines to lead the tour again within 18 months from the date of inquiry, then that tour may be considered "orphaned" and the BAC Board may offer that tour to another Ride Leader.*
- *If one ride is full.*

The intent of the restrictions for multiple tours in the same area is to reduce the likelihood of competing tours which could result in neither achieving the minimum number required to proceed, and to maximize the likelihood that future tours in the same area by Ride Leaders who have spent considerable time developing a tour, will continue to achieve the required numbers.

Maximum Rides Led Per Year Policy (new): *Club members are limited to being part of the leadership team (Ride Director/Coordinator, Ride Co-Director/Co-Coordinator) for no more than four (4) tours in any one calendar year. Multiple sections of the same trip are considered to be separate tours. BAC's strength is to have a many Ride Leaders as possible leading a variety of tours in the United States and beyond, whether it is one tour every couple of years or four tours a year, and not to rely too heavily on any one leadership team.*

Tip of the Month

We hope you're finding ways to stay fit over the winter months so you'll be ready for your upcoming 2018 BAC ride! As I write this I'm in California enjoying riding for several weeks in the Paso Robles area – temperatures in the 60s and 70s, vs. 20s and 30s back home in Virginia. Getting away to someplace where it's warm enough to ride is one option, and some of you will be skiing, snowshoeing, or hiking to stay cycling-fit until springtime. For those who are interested in trying to continue cycling through the cold winter months, here are a few web articles that may be of interest:

<https://tinyurl.com/bicyclinglife-winter-riding>

<https://tinyurl.com/blayleys-winter-riding>

<https://tinyurl.com/sheldonbrown-winter-riding>

TOURS (George Ellis)

- 2. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

North Thailand-Road Riding the Golden Triangle Jan 13-25, 2019 Ride Coordinator: Wil Gorrie in conjunction with Spice Roads. Start Location: Bangkok, Thailand. Finish Location: Bangkok, Thailand. Ride Rating: 2C!

Parrotheads in Margaritaville Jan 19-27, 2019 Ride Directors Jim Kervick and George Raney: Start Location: Kendall, FL. Finish Location: Kendall, FL. Ride Rating: 1C!

New Zealand North Island: Hubs and Scenic Loops Mar 13-27, 2019. Ride Coordinator: Ron Youngash and Deborah Chamitoff. Start Location: Auckland, New Zealand Finish Location: Rotorua, New Zealand. Ride Rating: 2B!

New Zealand South Island Road Highlights Mar 31-Apr 15, 2019. Ride Coordinator: Aaron Rosenthal in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 3C!

Selkirk Loop 2019 June 25-July9, 2019. Ride Directors: Sue Bunten & John McCoy. Start Location: Spokane, WA. Finish Location: Spokane, WA. Ride Rating: 3B!

Madagascar-Cycling the 8th Continent July 29-Aug 12, 2019 Ride Coordinator: Marita Moberg in conjunction with Spice Roads. Start Location: Antananarivo, Madagascar. Finish Location: Antananarivo, Madagascar. Ride Rating: 2B!

Salzburg to the Adriatic Aug 30-Sept 13, 2019. Ride Director: Warner Griswold. Start Location: Salzburg, Austria. Finish Location: Grado, Italy. Ride Rating: 2B!

Czech Republic and Austria: Prague to Salzburg. Ride Coordinator: Albert Balingit in conjunction with Padaltours. Start Location: Prague, Czech Republic. Finish Location: Salzburg, Austria. Ride Rating: 3B!

2. Rides with Space Available

- Southern Coastal Portugal Apr 22, 2018 - May 4, 2018 3B
- Bike Me to the Moon / Western Ohio May 12, 2018 - May 19, 2018 1B [Space available for a single female to share a room!!](#)
- Canary Islands 2018 - Volcanos, Beaches and Mountains Jun 1, 2018 - Jun 16, 2018 2A
- Salzburg Double Loop - Seven Lakes Aug 24, 2018 - Sep 9, 2018 2B [Space available for a single female to share a room!!](#)
- Secrets of Hokkaido Sep 1, 2018 - Sep 14, 2018 2C
- Turin to the Sea and Back-Seeking the Perfect Cappuccino Sep 19, 2018 - Oct 3, 2018 3B [Space available for a single male to share a room!!](#)
- White Villages of Andalucía 2018 Oct 4, 2018 - Oct 18, 2018 3B [Several spaces available, sign up now!](#)
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Taiwan: Tasting and Touring the Beautiful Island Oct 31, 2018 - Nov 15, 2018 3C
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B
- Time Travel to Cuba Jan 20, 2019 - Feb 1, 2019 2B [Space available for a single male to share a room!!](#)

ARE YOU INTERESTED?

White Villages of Andalucía 2018 is seeking additional riders. For riders new to BAC or other riders who often have trouble getting onto rides that fill quickly, here is a wonderful ride that has space. The ride has been run four times previously over last 5 years and has received great reviews. Contact the leader, Clarice Sackett csackett49@comcast.net for more information

Loire Valley France, September 2019 Bridgette DeShields and Ramona Turner are planning a ride in the Loire Valley focused on the area between Orleans and Angers. It will be modeled off tours that Jane Holahan has offered in the past but with their own twist, likely a 1B with stays in Cheverny/Blois, Tours, and Saumur. Bridgette and Ramona are relatively new BAC members but have been leading tours for Santa Rosa Cycling Club (Bridgette is the ride director) and

private tours domestically and abroad for many years. If you are interested, contact Bridgette at bridgettedeshields@sbcglobal.net

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BAC UPDATE MARCH 2018

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BAC Board Election 2018 The board election has ended and we will be welcoming in Brenda Cole to the board at the annual board of directors meeting this March. Thank you for voting!

Assistance to Treasurer Looking for Help! Over a year ago BAC moved to collecting all ride fees by credit card. The process is working quite well but with the increased funds being handled by BAC we also need to strengthen our internal control processes. Someone is required to review on a monthly basis, the bank reconciliations and a reconciliation of the Ride Trust funds as recorded on the BAC website with the record in the accounting system. This task is expected to require less than an hour a month. If you would be willing to do this or if you would like more information on the requirements, please get in touch with Elizabeth Buckingham, elizabeth.bac@bell.net

New Members We are pleased to welcome these new BAC Members who have joined us in Feb 2018. If they live near you give them a call.

James and Jennifer Siart, Phoenix, AZ
Andy and Katharine Shields, Fredericksburg, TX
Roger Reinecke, Wildomar, CA
Daniel Moylan, Phra Khanong, Bangkok
Carolyn and Thaddeus Laird, Reno, NV
Alma Tuchman, Cos Cob, CT
Corinne Hard and Brian Morse, Coronado, CA
Bill Higbee, Brunswick, ME
Prady Misra, Mercer Island, WA
Hege and Neil Nolop, Santa Barbara, CA
Coleen Popochock, Gig Harbor, WA
George and Karen Momany, Spokane, WA
Fred Young and Julie Youmans, Columbia, MO
Lisa Roe, Crystal Beach, FL
Brian Merfield, Four Elms, Kent
Shannon Good, Mount Vernon, WA
Patrick Cain, Chanhassen, MN

Deborah Stone, EL Dorado Hills, CA
Alison Warren, Guildford, UK
Eric Peterson, Healdsburg, CA
Tom Murphy, Gahanna, OH

VIEW FROM THE CHAIR (Karen Hass)

For a number of our members, spring is in sight and you're finally finding a day here and there for a nice ride, perhaps even starting to train for an upcoming BAC tour. If you'd like to do a BAC tour this year but haven't signed up for one, there are 13 listed below with at least one or two spaces available. Do you know that the website home page has announcements of rides where spaces have become available? The announcements are posted directly above the home page's slide show. Even if a tour you're interested in is full, go ahead and sign up to get added to the wait list. You may be surprised to get a call or email from the Ride Leader asking if you'd like to fill a sudden vacancy.

BAC Ride Leader Policy and Guidelines: The updated document has been posted to the website in the "For Ride Directors and Coordinators" section of "Docs." If you're working on proposing a tour, or recently had one approved, be sure you download this latest version.

Ride Leader Forum: The next Forum will be held on Tuesday, April 10th from 7-8:30pm EDT. The agenda and dial-in details will be distributed to active Ride Leaders and recent Ride Leader Seminar graduates the first week of April. If there are topics you'd like to suggest for discussion during a future Forum, contact the BAC office or any member of the Board.

Ride Leader Seminar: The 2018 seminar will be held in San Diego the weekend of November 2nd through 4th. Look for more details in the coming months. We're hoping to offer a week-long BAC tour in southern California either immediately before or after the seminar.

Tip of the Month — How do you decide whether to sign up for a tour that's caught your attention? First and foremost, be sure you carefully read the entire Ride Description! The Ride Leader includes a lot of detailed information in the Ride Description that should give you a good idea of what to expect on the tour. Don't hesitate to contact the Ride Leader if you have any questions. Pay close attention to the Ride Rating and think about whether you'll be capable of riding multiple days in a row at the average distance and climbing for that rating. Will you be able to manage any days described that are outside the daily averages? Another source of information for any ride you're considering is the BAC website's search function. Use it to look for previous tours in the same area, or to find rides led by the Ride Leader for any tour of interest to you. For tours in 2012 and later, you can check ride survey results for tours in the same area, or led by the same Ride Leader, as the tour you're considering.

TOURS (George Ellis)

3. **New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Hadrian’s Wall and the Scottish Borders June 1-14, 2019. Ride Coordinator: Jane Maxwell in conjunction with Iron Donkey Bicycle Tours. Start Location: Glasgow, Scotland. Finish Location: Edinburgh, Scotland. Ride Rating: 2B

Neolithic Scotland: The Northern Isles June 15-29, 2019. Ride Coordinator: Jane Maxwell in conjunction with Iron Donkey Bicycle Tours. Start Location: Aberdeen, Scotland. Finish Location: Aberdeen, Scotland. Ride Rating: 2B

Nova Scotia: South Shore, Kejimikujik, Annapolis Valley Sept 6-18, 2019. Ride Directors: David & Sue Smith. Start Location: Halifax, Nova Scotia. Finish Location: Wolfville, Nova Scotia. Ride Rating: 2B

The Best of China: Pandas to Peaks Oct 14-28, 2019 Ride Coordinator: Marita Moberg in conjunction with Spice Roads. Start Location: Chengdu, China CTU. Finish Location: Guilin, China KWL. Ride Rating: 2B!

2. Rides with Space Available

- Southern Coastal Portugal Apr 22, 2018 - May 4, 2018 3B [Space available for a single female to share a room!!](#)
- Bike Me to the Moon / Western Ohio May 12, 2018 - May 19, 2018 1B [Space available for a single female to share a room!!](#)
- Tuscany in the Spring 2018 May 20, 2018 - May 30, 2018 2B [Space available for a single male to share a room!!](#)
- Canary Islands 2018 - Volcanos, Beaches and Mountains Jun 1, 2018 - Jun 16, 2018 2A
- Turin to the Sea and Back-Seeking the Perfect Cappuccino Sep 19, 2018 - Oct 3, 2018 3B [Space available for a single female to share a room!!](#)
- Greetings From Asbury Park, NJ Sep 23, 2018 - Sep 30, 2018 1B
- Girona's Mountains and Costa Brava - section 2 Sep 30, 2018 - Oct 10, 2018 3B
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single male to share a room!!](#)
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- Taiwan: Tasting and Touring the Beautiful Island Oct 31, 2018 - Nov 15, 2018 3C
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
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- North Thailand - Road Riding the Golden Triangle Jan 13, 2019 - Jan 25, 2019 2C
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- New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C
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- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B

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BAC Jerseys We will be opening up our online store with Primal from May 1-15, 2018. You will be able to order short or long sleeve BAC jerseys in a sport cut at that time. Prices will be \$55 for short sleeve and \$65 for long sleeve with a \$10 shipping charge per order. You can email me for a picture of the jersey. Check the next May 1st monthly BAC Update for full details.

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Tanja Sattler, Redwood City, CA
Kyra Bohnett and Thomas Mookerjee, San Francisco, CA
Gail Johnson, Peoria, AZ
Geraldine Jimenez, Sacramento, CA
Michael McGovern, Columbus, OH
Skip Albertsen, Bremerton, WA
Agnes Laboncz and Steve Bacskai, Ottawa, ON
Irene Warner and Dave Haney, Ottawa, ON
Jen Benedetti, Santa Rosa, CA
Jane Brueggemann, Naperville, IL
Acela Martinez, Santa Rosa, CA
Mona Haas, Flushing, NY
Nora Linville, Windsor, CA
Robin and Christopher Ailman, Fair Oaks, CA
David Leonard, Sacramento, CA
Sheeda Ferguson, Santa Rosa, CA
Steven Tulchin, Floral Park, NY
Mary Parrott, Dillon, CO
Margot Khan, London, ON
Susan and Mark Young, El Dorado Hills, CA
Bob Fountain, Seattle, WA
Cindy Freeman, Folsom, CA
Sally MarsCarey, Larkspur, CA
ChiYao Shih, Bellevue, WA
Jackie Mosher, West Newton, MA
Ruth Wade, Largo, FL
Hilary Jaeger and Christopher Thurrott, Victoria, BC
Philip Spadaro and Sabrina Kis, Seattle, WA
Justine Grandpre, Cromwell, CT
Carol and George Addison, Walnut Creek, CA
Julia Reagh, Santa Rosa, CA

Brian Howell, London, ON

VIEW FROM THE CHAIR (Karen Hass)

I'm honored to have been selected to serve a second year as Board chair for the Bicycle Adventure Club, and happy to announce the election of Brenda Cole as our newest Board member, serving as Vice Treasurer. Our incumbent Board members are Elizabeth Buckingham (Treasurer), Clarice Sackett (Secretary), and George Ellis (Lead Tour Reviewer), Kate Gordon (Website Manager), and Carol Anderson (Ride Leader Seminar Director). We all look forward to serving BAC's 2400 members and outstanding Ride Leaders in 2018!

I also want to thank outgoing BAC Board member Marty Fink for his service to the club for the past four years. Marty served as Ride Seminar Director, Lead Tour Reviewer, and on a number of ad hoc committees. If you see Marty on a BAC ride, please be sure to thank him for all his hard work on behalf of BAC.

Twenty-four BAC members (including the Board and Nancy Bohnett, BAC Office Manager) attended the Annual General Meeting (AGM) and Happy Hour in San Diego on March 15th. Among those present were long time BAC member Don Martin, and prior Board members John McManus and Bob Smith. During the annual Board retreat, which follows the AGM, the full Board met to review current policy, procedures, and governance, and set the agenda for 2018. Highlights from the Board retreat that should be of interest to BAC members include:

- Decision to increase in dues effective July 1st, 2018 – Dues for new members will increase from \$25 to \$30 for a single and \$50 to \$60 for a double membership. Renewals will increase from \$15 to \$20 for single members and \$30 to \$40 for double memberships.
- Formalization of a process for soliciting member opinions for policy decisions the Board is considering.
- Approval of updates to the BAC Bylaws (posted to the website in "Docs") to incorporate the "Standards of Member Conduct" statement and make other revisions recommended by legal counsel.

The complete minutes from the Board retreat meeting will be posted to the website in "Docs" by the end of April.

Policy Change Under Consideration, Comments Due NLT 4/15/18. The Board is considering eliminating the liability insurance requirement for commercial tour companies assisting international BAC tours. The current requirement is for those companies to have a policy in place while they're supporting the BAC tour that provides coverage of up to \$1M per incident, \$2M aggregate, and names BAC as an additional insured party. During the time that this requirement has been in place, to the best of the Board's knowledge, no BAC member has filed a claim against any commercial company's liability insurance policy. The Board believes it is highly unlikely that a BAC member would ever file such a claim due to the level of effort and expense involved in dealing with an overseas insurance company. **Please email the BAC Office, office@bicyleadventureclub.org, no later than 4/15 if you wish to comment on this change the Board is**

considering. Final Board discussion and a vote on eliminating this requirement will occur at the April Board teleconference.

Ride Leader Forum Teleconference. Mark your calendars for Tuesday, April 10th, 7-8:30pm EDT, for the 2nd Ride Leader Forum. If you've led a BAC tour in the last 5 years or have an approved tour on the schedule for 2018-2019, you'll receive an email with the teleconference agenda and dial-in number within the week. If you have a suggested topic for this or a future Ride Leader Forum, please send it to me, karenbikes2@gmail.com.

Tip of the Month. What can you do to help minimize the time it takes for your ride proposal to be reviewed and approved? Although the turn-around from proposal submission to approval can be as short as several days, it can take considerably longer if the proposal is confusing, ambiguous, or missing information. The following tips will help you draft and submit a ride proposal that has the best chance of being reviewed in short order:

1. Download and review the most current "Ride Leader Policy & Guidelines" (RLPG), budget worksheet (BWFA), and "Sample Ride Description" from "[Docs](#)" on the BAC website.
2. Use the "Sample Ride Description" as a "go-by" for organizing your proposal and ensuring you don't forget any necessary information.
3. Review all of the information on the "[Ride Proposal Requirements](#)" page on the website, available via the "Propose a Ride!" link. Take note of the statement, "**Description: Provide concise, complete information in less than 700 words.**"
4. Include all information necessary to convince members of how great your tour will be, and for them to decide whether it's a good match for their riding ability and experience.
5. If you have a detailed itinerary, post it to "Ride Leader Docs" for your tour where it will be available to members on your ride at any time. You can email the itinerary to anyone considering signing up who wants more detailed information than is in the ride description.
6. Upload the budget for your ride, using the latest version of the BWFA, to "Ride Leader Docs". If you're proposing a commercially supported ride, also upload the agreement you have with the vendor.
7. Submit your proposal at a time when you'll be readily available to answer questions from the BAC Tour Reviewer and edit your proposal as necessary.

If you have any questions about the ride proposal process, especially while you're completing the ride proposal form, contact the BAC Office, office@bicyleadventureclub.org, or [any member of the Board](#) for assistance.

TOURS (George Ellis)

- 4. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Montreal, je t'aime Sept 8-18, 2018 Ride Directors: John Gradwell and Germain Berube. Start Location: Vaudreuil sur le lac, Qc. Finish Location: Vaudreuil sur le lac, Qc. Ride Rating: 1C!

Croatia Islands-Bike, Hike and Kayak Oct 14-27, 2018 Ride Coordinator: Carolyn Borden in conjunction with Pedaltours. Start Location: Zadar, Croatia. Finish Location: Dubrovnik, Croatia. Ride Rating: 3B!

Flowers in the Hills Mar 31-Apr 8, 2019 Ride Directors: Becky and Charlie Hettinger Start Location: Fredericksburg, TX. Finish Location: Fredericksburg, TX. Ride Rating: 2B!

San Francisco and North Bay Tour Apr 6-17, 2019 Ride Directors: John McCoy and Richard Reinecke. Start Location: Larkspur, CA. Finish Location: Larkspur, CA. Ride Rating: 2B.

Umbria 2019 Apr 26-May 9m 2019 Ride Directors: Julie & Tom Leever. Start Location: Fiumicino, Italy. Finish Location: Fiumicino, Italy. Ride Rating: 2A!

New Zealand North Island: Beaches, Hot Springs, Volcanoes Apr 29-May 10 2019. Ride Coordinator: Ben Cowan in conjunction with NZ Bicycletours Ltd. Start Location: Auckland, NZ. Finish Location: Wellington, NZ. Ride Rating: 3C!

Le Marche 2019 May 10-24, 2019. Ride Directors: Tom & Julie Leever. Start Location: Riccione, Italy. Finish Location: Riccione, Italy. Ride Rating: 3B!

Brittany Coast and Normandy Beaches May 24-June 6, 2019. Ride Coordinator: Katherine Thompson and Julia Lapp in conjunction with Pure Adventures. Start Location: St. Malo, France. Finish Location: Paris, France. Ride Rating: 2B!

Across the UK: Coast to Coast from England to Wales June 27-July 10, 2019. Ride Directors: Sue & David Smith. Start Location: Stowmarket. Finish Location: St. Davids. Ride Rating: 3C

England the Easy Way (Or Not). A Tour of East Anglia. Aug 4-17, 2019. Ride Coordinator: Jim Kervick in conjunction with Iron Donkey Bicycle Tours. Start Location: Cambridge, UK. Finish Location: Cambridge, UK. Ride Rating: 1A!

Chateaus of the Loire Valley Sept 9-19, 2019 Ride Directors: Bridgette DeShields and Ramona Turner. Start Location: Angers, France. Finish Location: Blois, France. Ride Rating: 1B!

Puglia (Italy) Land of History, Scenery, Beaches Oct 4-16, 2019 Ride Coordinator: Alma Worthington in conjunction with Hike & Bike Italy. Start Location: Matera. Finish Location: Lecce. Ride Rating: 1B!

Australia: Goldfields, Grampians and Great Ocean Road Oct 28-Nov 7, 2019. Ride Coordinator: Ron Youngash in conjunction with Pedaltours. Start Location: Bendigo, Australia. Finish Location: Melbourne, Australia. Ride Rating: 3C!

Australia: 7 Peaks and more Nov 7-19, 2019. Ride Directors: Richard Oddy & Alex Anderson. Start Location: Melbourne, Australia. Finish Location: Melbourne, Australia. Ride Rating: 3C!

2. Rides with Space Available

- Tuscany in the Spring 2018 May 20, 2018 - May 30, 2018 2B [Space available for a single male to share a room!!](#)
- Canary Islands 2018 - Volcanos, Beaches and Mountains Jun 1, 2018 - Jun 16, 2018 2A [Space available for a single male to share a room!!](#)
- Greetings From Asbury Park, NJ Sep 23, 2018 - Sep 30, 2018 1B [Space available for a single male to share a room!](#)
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B [Space available for a single female to share a room as well as several other spaces available!!](#)
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single male to share a room!!](#)
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Taiwan: Tasting and Touring the Beautiful Island Oct 31, 2018 - Nov 15, 2018 3C
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- North Thailand - Road Riding the Golden Triangle Jan 13, 2019 - Jan 25, 2019 2C
- Time Travel to Cuba Jan 20, 2019 - Feb 1, 2019 2B
- New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 14, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Katherine Thompson (leading Brittany Coast and Normandy Beaches) has been on 2 BAC rides and was inspired by long-time BAC leader Jane Holahan to lead the Normandy ride with Julia Lapp. Katherine is VP (aka event planner) for the Sierra Foothills Cycling Club in Northern California, occasionally leads Saturday club rides, and cycles with a multitude of cycling clubs all over California as part of her marvelous RVing retirement life with her husband, Tony Sauer.

Julia Lapp (co-leading Brittany Coast and Normandy Beaches) has been on one BAC ride, which was the very memorable Brittany-Normandy trip led by Jane Holahan. She lives in upstate New York where she spends three seasons riding the Finger Lakes region and, recently, a ride along the historic towpaths of the Erie Canal - From Buffalo to Albany, New York. When not biking, Julia teaches nutrition at Ithaca College in Ithaca, NY and enjoys several other hobbies like gardening, playing accordion and hiking with her dogs.

Bridgette DeShields: (leading Chateaus of the Loire Valley with Ramona Turner) Hello BAC members! I joined BAC a little over a year ago. I am located in Santa Rosa, California and am the President and Ride Director for Santa Rosa Cycling Club which has over 1200 members. I am in charge of our weekly ride program, training and mentoring for our ride leaders, and have led several tours for SRCC including coastal tours of Oregon and California. I have also led small group tours in the U.S. (Oregon, Maine, Virginia) and abroad (Italy, Spain) and have traveled to more far-flung destinations like Thailand and New Zealand. I am very excited to lead my first trip in 2018 for BAC.

ARE YOU INTERESTED?

Jerusalem to Petra, Jordan and Back 2018 Nov 29-Dec 16 2018 is seeking additional riders. This ride needs 6 more participants to meet the minimum number to GO! If interested contact ride leader Eileen Vergino esvergino@comcast.net

White Villages of Andalucía 2018 is seeking additional riders. For riders new to BAC or other riders who often have trouble getting onto rides that fill quickly, here is a wonderful ride that has space. The ride has been run four times previously over last 5 years and has received great reviews. Contact the leader, Clarice Sackett csackett49@comcast.net for more information

MEMBERS' CORNER *The members' corner is a venue where members can share bicycling information and ideas with each other. Comments included do not necessarily represent positions of the BAC board. Submissions should not exceed 3 or 4 sentences in length and are subject to editing by the BAC board.*

Nancy Bohnett-BAC Office Manager
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BAC UPDATE MAY 2018

Hello BAC Members,

Welcome to our BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

The BAC Jersey Store is now open for ordering until May 15th. Instructions are posted on the BAC website homepage. Additionally, you should receive a separate email regarding the BAC jersey order process.

New Members We are pleased to welcome these new BAC Members who have joined us in April 2018. If they live near you give them a call.

Philip Christofides and Margot Arellano, San Francisco, CA
David and Edie Gordon, Sebastopol, CA
Tom and Philippa Biggi, Littleton, CO
Ken Hodge, San Diego, CA
Patricia McDowell, Napa, CA
Nicky Murphy, Santa Rosa, CA
Loralee Hettinger, Frisco, CO
Carol Forszt, Tucson, AZ
Jeff Simpson and Debbie Pannell, Santa Rosa, CA
Tonica and Rodger Voorhies, Seattle, WA
Frieda Smyth, Santa Rosa, CA
Louise Karger, Morristown, NJ
Curtis Carmean, New York, NY
Ann McCarty, Mountain View, CA
Mary Conrad, Bedminster, NJ
Siobhan and Jeffrey Blake, Westerville, OH
kevin foley, mill valley, CA
Danielle Foster, Dublin, CA
Peter Kyong, Pleasanton, CA
David Jones, Breckenridge, CO
Isaac Miedzinski, Rockville, MD
Mary Estes, San Rafael, CA
Erik Rasmussen and Karen Jones, Mercer Island, WA
Sharron Miller, Redwood City, CA
Barbara and John Delaney, Stanhope, NJ
Joyce Ringgenberg, Prescott, AZ
Lisa and Bob Trimble, Mesa, AZ
Patrick Sheahan and Cathleen Quandt, Berkeley, CA
Scott Siegel, Jefferson, MD
Renee and Michael Ismari, Sparks, NV
Virginia Equi, Southern Pines, NC
Carol Greene, Santa Barbara, CA
Anne Reinert, San Francisco, CA

Lina Halle and Robert Trenholm, Kanata, ON

VIEW FROM THE CHAIR (Karen Hass)

Spring is finally coming to my neck of the woods, so I'm finally getting to do some riding outdoors! I hope all of you are having decent riding weather and finding time to get outside on your bikes as well. Perhaps you're even training for an upcoming BAC ride, or are even in the middle of one. We have two out of four April BAC rides in progress, and twelve rides starting in May!

Ride Leader Seminar, November 3-4th in Temecula, CA. The 2018 Ride Leader Seminar opens for registration today! If you've ever thought about leading a BAC ride but weren't sure where to begin, this is your opportunity to find out! Immediately following the seminar there will be a week-long fixed base tour, "Temecula – Where the Sun Breaks Through the Mist." You may want to consider signing up for both, but hurry, there are only 33 spaces available for the seminar and 34 for "Temecula – Where the Sun Breaks Through the Mist."

Ride Leader Forum Teleconference. The 2nd BAC Ride Leaders Forum was held on April 10th with over 30 ride leaders dialing in – thank you all for participating! The Board provided feedback on requests from the December 2017 forum, and there was extensive discussion about the adequacy of ride leader reimbursement, particularly for scouting leader directed tours in Western Europe. The next forum will be schedule in November or December. Anyone with a suggested topic for a future Ride Leader Forum, please send it to the BAC office, office@bicycleadventureclub.org.

Tip of the Month. When you finish a BAC tour, complete the "**Ride Survey**." It's helpful to ride leaders to know what members think about the tours they lead. After you've completed a BAC tour, you'll receive a reminder notice from the BAC office to complete the survey. When you log into your account on the BAC website, directly beneath the BAC banner you should see a blue box with a link to the survey for the tour you've just completed. You can also access the survey directly from the ride description page for the tour – look for the "Ride Survey" link to the left of the description. Tour Reviewers use the survey results to provide summary feedback to the ride leader during the tour debrief. Although all BAC members can see the overall star ratings for a completed tour's survey, the individual survey results and member comments are anonymous, and not viewable by the ride leader for the tour, other ride leaders, or any BAC members. Only Board members and the BAC office can view the individual survey results. The Board and office can also view all comments but cannot tell which tour participant provided which one – unless the member includes their name in the comment, of course! If you'd like to provide feedback to the ride leader or the Board other than via the survey, you can also contact the BAC office (office@bicycleadventureclub.org or 858-715-9510).

RIDE LEADER MENTORSHIP (Clarice Sackett)

The lifeblood of BAC is its ride leaders. Without leaders, we have no rides and without rides we have no club. Why not become a Ride Leader and lead a ride in your area? A recommended first step is to attend the Ride Leader Seminar, and the 2018 session is “going live” for sign ups May 1st. You’ll learn everything you need to know from planning the ride, managing sign-ups, what you need to do before the ride starts, actually leading it, and closing out your ride when it’s done.

Still feeling a bit intimidated? Look for a mentor to help guide you. BAC has lots of veteran, prolific leaders many of whom have mentored new ride leaders. Ask a leader you’ve ridden with and whose style you like. Ask your Tour Reviewer to serve as your mentor. Your Tour Reviewer is on your team from the beginning of the proposal approval process, as well as during the time leading up to your ride, while you’re on the ride, through to the ride debrief two months after the completion of the ride. They’re available to help sort out questions or issues that arise at any time. You can also ask any other member of the Board to serve as your mentor - you’ll meet us at the Ride Leader Seminar. A technique several recent Ride Leader Seminar graduates have used is inviting their mentor to be the co-director or driver on the first tour they lead. Another technique is to lead a ride that has been led previously; the prior leader might agree to serve as your mentor. Also, look at the Ride Leader Policy and Guideline Handbook on our website. It’s the encyclopedia of ride leading with all the information you need. Now get on your bike and scout out your route!

TOURS (George Ellis)

- 5. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Ride Leader Seminar 2018 California Nov. 3-4, 2018. Ride Directors: Carol Anderson & Richard Reinecke. Start Location: Temecula, CA. Finish Location: Temecula, CA. Ride Rating: n/a

Temecula-Where the Sun Breaks Through the Mist Nov 4-10, 2018. Ride Directors: Richard & Marianne Reinecke. Start Location: Temecula, CA. Finish Location: Temecula, CA. Ride Rating: 2B

The Golden Isles of Georgia and the Okefenokee Swamp Feb 17-28, 2019. Ride Directors: Marita & Dennis Moberg. Start Location: Savanna, GA. Finish Location: Savanna, GA. Ride Rating: 1B!

Tucson Sunshine and Saguaros 2019 March 2-9, 2017. Ride Directors: Sharon Reed & Mary Lou Engert. Start Location: Tucson, AZ. Finish Location: Tucson, AZ. Ride Rating: 2B.

Virginia Horse Country, Mountains and Valleys May 9-23, 2019 Ride Directors: Karen Hass & Cathy Cloutier. Start Location: Leesburg, VA. Finish Location: Leesburg, VA. Ride Rating: 3B!

Portugal: Wildflowers and Castles in the Spring May 26-June 7, 2019. Ride Coordinator: Kathryn Engle in conjunction with Easy Rider Tours. Start Location: Evora, Portugal. Finish Location: Oporto, Portugal. Ride Rating: 3B!

Vienna Woods and the Austrian Lake District 2019 June 9-23, 2019 Ride Directors: Roger Hoyer & Tony Moy. Start Location: Baden bei Wien. Finish Location: Baden bei Wien. Ride Rating: 3C!

Bike Wisconsin-Find the Spotted Cow June 9-21, 2019. Ride Directors: Michael Myers & Marlene Rawles. Start Location: Madison, WI. Finish Location: Madison, WI. Ride Rating: 2B!

Ireland: Southwest Peninsulas 2019 June 16-29, 2019. Ride Coordinator: John McManus in conjunction with Iron Donkey Bicycle Tours. Start Location: Killarney, Ireland. Finish Location: Tralee, Ireland. Ride Rating: 2B!

Historic Roaring Fork Valley Aug 5-15, 2019. Ride Directors: Bob & Anne Smith. Start Location: Glenwood Spring, CO. Finish Location: Glenwood Springs, CO. Ride Rating: 2A!

Tour de Victoria British Columbia Aug 10-18, 2019 Ride Directors: Margaret Kavanagh & Elizabeth Buckingham. Start Location: Victoria, BC. Finish Location: Victoria, BC. Ride Rating: 2B!

2. Rides with Space Available

- Tuscany in the Spring 2018 May 20, 2018 - May 30, 2018 2B
- Piedmont N - S 2018 May 20, 2018 - Jun 1, 2018 3A
- Canary Islands 2018 - Volcanos, Beaches and Mountains Jun 1, 2018 - Jun 16, 2018 2A
- Mongolia- Cycling the Final Frontier Jul 15, 2018 - Jul 29, 2018 2B [Space available for a single male to share a room!!](#)
- Montréal, je t'aime Sep 8, 2018 - Sep 18, 2018 1C
- Greetings From Asbury Park, NJ Sep 23, 2018 - Sep 30, 2018 1B
- White Villages of Andalusia 2018 Oct 4, 2018 - Oct 18, 2018 3B [Space available for a single female to share a room as well as several other spaces available!!](#)
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B
- Croatia Islands - Bike, Hike and Kayak Oct 14, 2018 - Oct 27, 2018 3B

- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Taiwan: Tasting and Touring the Beautiful Island Oct 31, 2018 - Nov 15, 2018 3C [has room for additional participants who are interested in both food and touring.](#)
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- North Thailand - Road Riding the Golden Triangle Jan 13, 2019 - Jan 25, 2019 2C
- New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C [Space available for a single female to share a room.](#)
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- New Zealand North Island: Beaches, Hot Springs, Volcanoes Apr 29, 2019 - May 10, 2019 3C [has room for additional participants interested in covering many of the must-see highlights from a bicycle.](#)
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 14, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Across the UK: Coast to Coast from England to Wales Jun 27, 2019 - Jul 10, 2019 3C
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C [Space available for a single female to share a room as well as several other spaces available!!](#)

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Margaret Kavanagh, (leading Tour de Victoria British Columbia). I have been a member of BAC since 2012 and have been on 4 rides with 3 more coming the future. I have lead several rides for my friends and local clubs so although this is the first time I will lead a ride for BAC I am not a rookie leader. I know my adopted city very well and can assure participants some beautiful rides.

Richard Reinecke (leading Temecula – Where The Sun Breaks Through The Mist) My wife and I have been BAC members since 2013, have participated in nine BAC tours and are looking forward to leading our first ride in November this year. Cycling has become part of our daily routine during the past five years and we are excited to introduce BAC members to the Valley.

Marianne Reinecke (co-leading Temecula – Where The Sun Breaks Through The Mist) Rich and I have enjoyed living in the Temecula Valley for the past thirty-five years. BAC has made it possible for us to enjoy active travel opportunities, visit new destinations and make some truly amazing new friends.

ARE YOU INTERESTED?

Northampton Mass June 2019 I am considering leading a ride (or two) one fixed base in Northampton Mass. Not sure how many days yet, but lots of riding in the Pioneer Valley - flat, rolling, mountainous, whatever one desires with lots of small museums and cultural venues to explore.

Connecticut- Hartford to shoreline and back Sept 2019 Also thinking of a circular route in Connecticut - mostly in eastern part of the state going from Hartford area east down to the shoreline and back.

If interested in either contact me so I can gage interest. Thanks, Susan Lowery
susanlowery@mac.com

MEMBERS' CORNER *The members' corner is a venue where members can share bicycling information and ideas with each other. Comments included do not necessarily represent positions of the BAC board. Submissions should not exceed 3 or 4 sentences in length and are subject to editing by the BAC board.*

Need a Van Driver for a Ride you are Planning? We are very experienced riders who would love to be drivers and helpers of any kind on some of the more difficult trips both abroad and in the US. If interested contact Gus & Elaine Gustavson gusbus9@gmail.com

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BAC UPDATE JUNE 2018

Hello BAC Members,

Welcome to our BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

New Members We are pleased to welcome these new BAC Members who have joined us in May 2018. If they live near you give them a call.

Susan Gishi, Davis, CA
Sharon Bergren, Kaqty, TX
Richard Olver, Lakewood, CO
Richard Frederick, Madrid, Spain
Ron Clarke, El Dorado Hills, CA
Pete Salomone, Plainville, CT
David Gaarder, Fitchburg, WI
Jeanne Forsyth, Clay Springs, AZ
Russ Kanz and Toni Terhaar, Davis, CA
Krin Cosner, Gainesville, FL
Peter Metelerkamp, Bristol,
Monica Siewertsen, VC Highlands, NV
Kevin Ensrud, San Pedro, CA
Chip Nevins, Seattle, WA
Ken St. John and Janet Nash, Phoenix, AZ
Melissa Collins, Fort Collins, CO
John Duffy and MaryKay Redmond, San Jose, CA
Wendy Moskowitz, Towson, MD
Nancy Prall, Armada, MI

VIEW FROM THE CHAIR (Karen Hass)

Disappointed because you couldn't get onto a particular BAC tour? Take a close look at upcoming tours that still have space, even if they're in areas where you've never thought about riding before. Several of my very favorite BAC tours of all time are ones I signed up for as distant 2nd choices because I couldn't get on any of the tours I thought I'd enjoy since they were already full. Check out the "Rides with Space Available" section below and read the ride descriptions. I hope you'll find one that appeals to you "on 2nd thought," and ultimately provides you with a wonderful BAC cycling vacation!

Dues Increase Effective July 1st. Annual membership dues increase by \$5 on July 1st. Renewals will increase from \$15 to \$20 for single members, and from \$30 to \$40 for a dual membership. New membership dues will increase from \$25 to \$30 for single members, and from \$50 to \$60 for a dual membership.

BAC Insurance Review. The Board has engaged a lawyer who specializes in non-profits to perform a comprehensive review of BAC's current liability insurance. We've also asked for a legal opinion

regarding what BAC should require regarding liability insurance from commercial tour companies that support BAC international tours.

Ride Leader Seminar, November 3-4th in Temecula, CA. The 2018 Ride Leader Seminar still has space available. If you've ever thought about leading a BAC ride but weren't sure where to begin, this is your opportunity to find out. Immediately following the seminar there will be a week-long fixed base tour, "Temecula – Where the Sun Breaks Through the Mist!" giving you a chance to combine learning about leading BAC tours with what we all love to do – ride in BAC tours! Sign up for both the seminar and the tour on the BAC website's "Rides" page!

Tip of the Month. This month's tip is for Ride Leaders and members who use "Ride with GPS" (RWGPS) for creating routes – maps, GPS files and cue sheets – for the rides they lead. In my experience with RWGPS I've been able to produce detailed, accurate cue sheets, but not without careful review and at least a small amount of editing. Once you've created a route, review it carefully to be sure all cues are correct and unambiguous. By selecting "Edit" mode, you can modify the route as well as the cues – turn direction as well as the notes that provide instructions for the cue. If you have a paid RWGPS subscription ("basic" or "premium") you can take advantage of the recently added "Cue Review Tool." The tool will step you through the route you've created, cue by cue, and allow you to make changes or corrections to any of the individual cues and add in custom cues or points of interest (e.g., places to stop for water or food, warnings on railroad track crossings, etc.). For more information on using this tool, go to: <https://ridewithgps.com/help/cue-review-tool>.

TOURS (George Ellis)

- 1. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Solvang Winter Break 2019 Feb 10-16, 2019 Ride Directors: George Ellis & Dianne Olsen. Start Location: Solvang, CA. Finish Location: Solvang, CA. Ride Rating: 2B!

Paso Robles Ramble 2019 Feb 17-23, 2019 Ride Directors: Richard & Marianne Reinecke. Start Location: Paso Robles, CA. Finish Location: Paso Robles, CA. Ride Rating: 3B.

Mallorca 2019 - A Cycling Gem May 4-18, 2019. Ride Director: Nelson Diaz. Start Location: Palma Mallorca, Spain. Finish Location: Palma Mallorca, Spain. Ride Rating: 2B!

Tuscany on the Med 2019! Sept 4-14, 2019. Ride Directors: Stephen & Linda Kiel. Start Location: Donoratico, Italy. Finish Location: Donoratico, Italy. Ride Rating: 2B.

Chateaux of the Loire Valley Section 2 Sept 21-Oct 1, 2019. Ride Directors: Kim Kasabali & Mark Spranger. Start Location: Angers, France. Finish Location: Blois, France. Ride Rating: 1B!

2. Rides with Space Available

- Mongolia- Cycling the Final Frontier Jul 15, 2018 - Jul 29, 2018 2B [Space available for a single female to share a room!!](#)
- Montréal, je t'aime Sep 8, 2018 - Sep 18, 2018 1C [Two spaces just opened up due to a cancellation.](#)
- Greetings From Asbury Park, NJ Sep 23, 2018 - Sep 30, 2018 1B [Space available for a single female to share a room](#)
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B [Space available for a single female to share a room as well as several other spaces available!!](#)
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single female to share a room](#)
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Ride Leader Seminar 2018 California Nov 3, 2018 - Nov 4, 2018 1A
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Time Travel to Cuba Jan 20, 2019 - Feb 1, 2019 2B
- New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- New Zealand North Island: Beaches, Hot Springs, Volcanoes Apr 29, 2019 - May 10, 2019 3C
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 14, 2019 2B
- Vienna Woods and the Austrian Lake District 2019 Jun 9, 2019 - Jun 23, 2019 3C
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Historic Roaring Fork Valley Aug 5, 2019 - Aug 15, 2019 2A
- Tour de Victoria British Columbia Aug 10, 2019 - Aug 18, 2019 2B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C [Space for single female to share room and also single male to share a room.](#)

ARE YOU INTERESTED?

Ida Nystrom (and co-Leader Liz Nystrom) are planning to lead a "Fairytale Denmark" ride in June 2020. The route will be a loop beginning and ending in Copenhagen, with the possibility of a day (or two) trip to Sweden. Ida has traveled all over Denmark and Liz spent a semester studying there. Since the Scandinavian countries are not cheap, this ride might be on the more expensive side. Liz and Ida would like to determine if there is interest before investing too much time in planning and scouting. Please contact Ida (ijnystrom@gmail.com) if you would like to be kept in the loop. This does not represent any commitment at this time.

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Kim Kasabali and Mark Spranger new ride leaders for Chateaux of the Loire Valley section 2. We live in Seattle and "discovered" BAC about 4 years ago, just as Mark started retirement. We've been on 7 BAC rides – having just completed the terrific Mallorca ride. Kim speaks French and both of us have travelled extensively in France. What a joy to get to lead our first trip in the Loire Valley.

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BAC UPDATE JULY 2018

Hello BAC Members,

Welcome to the July 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

Dues Increase Effective July 1st. Annual membership dues increase by \$5 on July 1st. Renewals will increase from \$15 to \$20 for single members, and from \$30 to \$40 for a dual membership. New membership dues will increase from \$25 to \$30 for single members, and from \$50 to \$60 for a dual membership.

New Members We are pleased to welcome these new BAC Members who have joined us in June 2018. If they live near you give them a call.

Dan Ggoran, Edwardsville, IL
Robert Becker and carol schobert, Hendersonville, NC
Jim and Sharon Bishop, North Vancouver, BC
James and Marcie Kane, Hendersonville, NC
Jamalee Stone, Spearfish, SD
Juli and Paul Zalud, Brier, WA
Lindy King, Groton, MA
Jim Robinson, San Marcos, CA
Lindarose and Richard Berkley, Steamboat Springs, CO
Richard and Alicia Weaver, Hendersonville, NC
Leonard Sanders, Denville, NJ
Trish Burgio, Los Angeles, CA
Charles Seabury, Thousand Oak, CA
Joanne Snow, Madison, WI
Teresa and Dave Staats, Deleware, OH
Grame Barty, Sydney, NSW
Stephen and Sherry Mahieu, Albuquerque, NM
Eric McCullough, Los Angeles, CA
Rob Jackson, Saint Paul, MN
Marjorie Sprecher, Waunakee, WI
Beth Stephens, Geneva, IL
Jose Santa-Maria, Saint Charles, IL
Jan Westfall, Canby, OR
Bill Simmons and Debbie Byes, Colorado Springs, CO
Michael Fenster and Jeanne Meinert, Anchorage, AK
Trudy Nye, Grass Valley, CA
Kimo Goree, New York, NY
Martha Bhajjan, Yuma, AZ
Libby Willis, Athens, GA
Kimber Ackerman and Scott Reeh, Longmont, CO
Marcia Bondy, Boise, ID

VIEW FROM THE CHAIR (Karen Hass)

I hope you're all enjoying your summer and able to do what we all love – RIDE! With the year half over, we still have 28 upcoming 2018 tours and there are 8 with between 1 and 13 spaces still available. All are listed on the website's "Rides" page. If there's a tour you're interested in that's full, sign up to get onto the Wait List. Many tours have cancellations and if you're on the Wait List, you'll be one of the first to learn when a cancellation occurs. There's no cost for signing up and being on the Wait List. You don't pay the BAC fee or tour deposit until the Ride Leader tells you that you've been accepted onto the tour.

Ride Leader Seminar, November 3-4th in Temecula, CA – Space Still Available! If you've ever thought about leading a BAC ride but weren't sure where to begin, this is your opportunity to find out. This link will take you to the Seminar description on the website where you can learn more and register:

<https://www.bicycleadventureclub.org/html/rides/?action=ride&rideid=1310>

Immediately following the seminar there will be a week-long fixed base tour, "[Temecula – Where the Sun Breaks Through the Mist!](#)" (11/4-10/18) giving you a chance to combine learning about leading BAC tours with what we all love to do – ride in BAC tours! Both the Seminar and the Temecula tour are listed chronologically on the BAC website's "Rides" page.

RIDE with GPS (RWGPS) club discount for BAC members! Your BAC Board has negotiated a Ride with GPS (RWGPS) discount for BAC members. RWGPS is the premier cycling route planning website that many BAC Ride Leaders and members already use for planning routes and creating cue sheets for BAC tours. The company began in 2007 with a college student project in Oregon and has matured into its present state and currently has thousands of users. The staff at RWGPS are very responsive to members' needs, constantly updating the website, and are readily available by email and phone to answer questions. The RWGPS website also has an extensive Help section with lots of articles, tutorials, and videos about creating routes and cue sheets, how to upload routes to your GPS device, using the mobile app, and more.

RWGPS has 3 levels of membership: free, basic (\$50 per year), and premium (\$80 per year). Their website (<https://ridewithgps.com/help/compare-plans>) explains what's included at the different levels. RWGPS is offering BAC members a 20% discount on paid memberships. Here's how to take advantage of this offer:

Step 1: Log in or sign up for a free account at www.ridewithgps.com

Step 2: Visit www.ridewithgps.com/access_tokens/use

Step 3: Enter in the following BAC discount code: [bacrocks2018](#)

This offer extends through the end of 2018.

Tip of the Month. In view of the new BAC RWGPS discount, I'm going to repeat last month's "Tip of the Month."

This month's tip is for Ride Leaders and members who use "Ride with GPS" (RWGPS) for creating routes – maps, GPS files and cue sheets – for the rides they lead. In my experience with RWGPS I've been able to produce detailed, accurate cue sheets, but not without careful review and at least a small amount of editing. Once you've created a route, review it carefully to be sure all cues are correct and unambiguous. By selecting "Edit" mode, you can modify the route as well as the cues – move the route line to a different road, add cues and points of interest, etc. With your paid RWGPS subscription ("Basic" or "Premium") you can take advantage of the recently added "Cue Review Tool." The tool will step you through the route you've created, cue by cue, and allow you to make changes or corrections to any of the individual cues, as well as add in custom cues or points of interest (e.g., places to stop for water or food, warnings on railroad track crossings, etc.). For more information on using this tool, go to: <https://ridewithgps.com/help/cue-review-tool>.

TOURS (George Ellis)

- 2. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Netherlands-Cities, Canals and Windmills April 30-May 11, 2019 Ride Coordinators: Marita Moberg in conjunction with Dutch Bike Tours. Start Location: Amsterdam. Finish Location: Amsterdam. Ride Rating: 1A!

Tuscany in the Spring 2019 May 23- June 2, 2019. Ride Directors: George Hall and Duncan Williamson. Start Location: Donoratico, Italy. Finish Location: Donoratico, Italy. Ride Rating: 2B!

2. Rides with Space Available

- Secrets of Hokkaido Sep 1, 2018 - Sep 14, 2018 2C [Space available for a single male to share a room or single who wishes to pay solo supplement.](#)
- Montréal, je t'aime Sep 8, 2018 - Sep 18, 2018 1C [Two spaces just opened up due to a cancellation.](#)
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single male to share a room](#)
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Ride Leader Seminar 2018 California Nov 3, 2018 - Nov 4, 2018 1A

- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B
- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B
- Hawaii 2019 - Circumnavigate The Big Island #2 Jan 21-Feb 5, 2019 [Space available for a single female to share a room](#)
- Parrotheads In Margaritaville Jan 19, 2019 - Jan 27, 2019 1C
- Solvang Winter Break 2019 Feb 10, 2019 - Feb 16, 2019 2B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B
- New Zealand South Island Road Highlights Mar 31, 2019 - Apr 15, 2019 3C
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- Mallorca 2019 - A Cycling Gem May 4, 2019 - May 18, 2019 2B
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Space available for a single male to share a room as well as a few other spaces available.](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 14, 2019 2B
- Vienna Woods and the Austrian Lake District 2019 Jun 9, 2019 - Jun 23, 2019 3C
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- Tour de Victoria British Columbia Aug 10, 2019 - Aug 18, 2019 2B [Space available for a single female to share a room](#)
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C [Space for single male to share a room.](#)

NEW BAC RIDE LEADERS FOR NEWLY APPROVED RIDES

Duncan Williamson (co-leading Tuscany in the Spring 2019)

Hello, I'm Duncan Williamson and I've been a BAC member since 2008. I'm Scottish and a former club racer of multi disciplines. Since retiring from work this year I'm now able to ride my bike when I wish. I particularly like Tuscany, it's cycling Nirvana. Hope to meet you on a future ride."

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BAC UPDATE AUGUST 2018

Hello BAC Members,

Welcome to the August 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

BAC Profile: If you have not checked your BAC Profile recently it may be a good time to check to be sure all your contact info is up to date so ride leaders can easily be in touch with you. To do this simply go to 'My Profile' at the top of the website & click on 'View/Edit Profile'. You will see a link to edit profile. Click that link if changes need to be made, then remember to click 'Submit' after editing your profile to save changes.

New Members We are pleased to welcome these new BAC Members who have joined us in July 2018. If they live near you give them a call.

William BonDurant, Woodside, CA
Robert J. Killian, Houston, TX
Felix Emond, Lincoln, CA
Diane Daly, Millsboro, DE
Julia Griswold, Berkeley, CA
John Ritter, Santa Barbara, CA
George Davenport, Anchorage, AK
Aaron DePorter and Michelle Hughes, Berwick, ME
John and Joell Giler, Millsboro, DE
Debbie Lee, San Francisco, CA
Lee and Beckie Wilson, Dallas, TX
Craig Stowers and Jackie Dahlgard, Lafayette, CA
Dave and Julie Harper, Reston, VA
Kathy Kuletz, Anchorage, AK
James Dinges, Santa Rosa Valley, CA
Micki Weinberg, San Bruno, CA
Donna Kaplan, Oakland, CA
Nancy Dooley, Sanger, CA
David Antonucci and Jennifer Antonucci, Homewood, CA
Sue Elefant and Michael Fromer, Chico, CA
Barbara Larrain, Portland, OR
Julie and Dean Lechtenberger, Georgetown, TX
David Vance, Mystic, CT
Nancy Wood Hart, Portland, OR
Leslie Davis and Robert Kruger, Rotonda West, FL
Margaret H Kent, Springville, NY
Teri Clay-Poole, Olympia, WA
Steve Saxe, Santa Rosa, CA

VIEW FROM THE CHAIR (Karen Hass)

BAC Website Maintenance Downtime! The BAC Website will be unavailable beginning Sunday August 5th, at 10pm (Eastern Time) for scheduled maintenance work. The website and office email, office@bicycleadventureclub.org, could remain unavailable for up to 36 hours. Whether you're a member signing up or proposing a ride, a participant paying for a ride, or a Ride Leader requesting payments or managing participants, please plan accordingly around this outage. If you are in critical need of assistance during the outage, call Nancy Bohnett in the BAC office (1-858-715-9510). Thank you all for your patience during this inconvenience!

Ride Leader Seminar, November 3-4th in Temecula, CA – Spaces Still Available! If you've ever thought about leading a BAC ride but weren't sure where to begin, this is your opportunity to find out. This link will take you to the Seminar description on the website where you can learn more and register:

<https://www.bicycleadventureclub.org/html/rides/?action=ride&rideid=1310>

Immediately following the seminar (11/4-10/18) there will be a week-long fixed base tour, "[Temecula – Where the Sun Breaks Through the Mist](#)," giving you the opportunity to combine learning about leading BAC tours while doing what we all love to do – ride in BAC tours! Both the Seminar and the Temecula tour are listed chronologically on the BAC website's "Rides" page. There are 8 spaces available for the Ride Leader Seminar and 4 spaces available for the Temecula tour.

Tip of the Month: From the time you sign up for a BAC tour, you should prepare for the possibility that you may need to cancel. This is especially important if you have ongoing health or family issues that may flair up unexpectedly. When you review the Ride Description for any tour you're considering, pay close attention to the cancellation policy. If you have to cancel and the Ride Leader cannot fill your space, you may lose a significant portion of the tour cost. Even if your space is filled, you will lose the BAC ride registration fee and payment processing fees for any payments made before you cancelled. Note the statement in the cancellation policy that BAC encourages members to purchase trip cancellation insurance. Should you need to use your trip cancellation insurance for a BAC tour, contact the BAC office if you need proof for an insistence claim of payments that cannot be refunded.

TOURS (George Ellis)

- 3. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

Surprising Sardinia-Italy's Splendid Adventure May 13-25, 2019. Ride Directors: Arleen Sakamoto & Rosa Katz. Start Location: Palau, Sardinia, Italy. Finish Location: Cagliari, Sardinia, Italy Ride Rating: 3B!

June Journey on the Loire 2019 June 7-20, 2019. Ride Coordinator: Jane Holahan in conjunction with Pure Adventure. Start Location: Tours, France. Finish Location: La Baule, France. Ride Rating: 1A!

Slovenia's Heart, Julian Alps Adriatic Coast Aug 29-Sept 11, 2019 Ride Directors: Lucy & Randy Glover. Start Location: Ljubljana, Slovenia. Finish Location: Ljubljana, Slovenia. Ride Rating: 2B!

Vancouver, Whistler and the British Columbia Coast Sept 1-12, 2019 Ride Directors: Linda & Gerry Taunton. Start Location: North Vancouver. Finish Location: North Vancouver. Ride Rating: 3B!

Eastern Swiss Lakes Sept 14-28, 2019. Ride Directors: Randy and Lucy Glover. Start Location: Dubendorf, Switzerland. Finish Location: Dubendorf, Switzerland. Ride Rating: 1A!

2. Rides with Space Available

- Durango Fandango Aug 19, 2018 - Aug 25, 2018 2B
- Turin to the Sea and Back-Seeking the Perfect Cappuccino Sep 19, 2018 - Oct 3, 2018 3B [Space just opened up, a couple would be ideal, single also possible.](#)
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B [Space available for a single male to share a room](#)
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Ride Leader Seminar 2018 California Nov 3, 2018 - Nov 4, 2018 1A
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B [Space just opened for a single male to share a room!](#)
- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Seeking additional riders. space available for a 6 more!](#)
- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B [Space available for a single female to share a room](#)
- Solvang Winter Break 2019 Feb 10, 2019 - Feb 16, 2019 2B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B
- Tucson Sunshine and Saguaro Spring 2019 Mar 2, 2019 - Mar 9, 2019 2B [Space just opened up for a couple due to a cancellation.](#)
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- Mallorca 2019 - A Cycling Gem May 4, 2019 - May 18, 2019 2B
- Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B

- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Space available for a single male to share a room](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 14, 2019 2B
- Vienna Woods and the Austrian Lake District 2019 Jun 9, 2019 - Jun 23, 2019 3C
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C

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BAC UPDATE SEPTEMBER 2018

Hello BAC Members,

Welcome to the September 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

New Members We are pleased to welcome these new BAC Members who have joined us in Aug. 2018. If they live near you give them a call.

Donna and Bill Eidson, Arlington, MA
Mark Brandt, Denver, CO
Andrew Broan, Tucson, AZ
Alicia and Jeff Brown, Winthrop, WA
Steven and Bonnie Kirschbaum, SELBYVILLE, DE
Cindy and Ron Schiff, Tampa, FL
Bill and Pam Carroll, Santa Rosa, CA
Len Hirschi, Sebastopol, CA
Bennet Wolper and Zona Scheiner, Ann Arbor, MI
Kathleen Leupp, Silverthorne, CO
John Eckenrode, Rehoboth Beach, DE
Bettina Brander, Lansing, MI
Jenine Morehouse, Tampa, FL
Geraldine Manning, Park City, UT
Diane Pattara, White Rock, NM
Dolly Craft, Indianapolis, IN
Paul Brookes, Boston, MA
Susan and David Evans, Richmond, VA
Reva Flexer and Stephen Harrison, Benicia, CA
Daniel Karger, Morristown, NJ
Kelly Hoyle, Kamuela, HI
Michael Frey, Boulder, CO
Karl Kellogg, Boulder, CO
Russ and Margie Hanson, Phoenix, AZ
Ian Birch, Victoria, BC
Christie Northrop, Boulder, CO
Stephen Tracy, Berkeley, CA
Helene Blaustein, Newfoundland, NJ
Catherine Hambley, Monterey, CA
Jackie Claunch, Helotes, TX

VIEW FROM THE CHAIR (Karen Hass)

September is typically one of BAC's busiest touring months and 2018 is no exception: 24% of the tours offered this year start this month, with approximately 300 BAC members riding in them. Of course, this is also prime riding time in much of the US and Canada. Given these numbers, this is a good time to remind everyone to be safety-conscious whether on a BAC tour, or riding at home. BAC has a document on the website, "Riding Safe on BAC Tours," that

we ask our Ride Leaders to send to their participants prior to a tour. You can find it on the BAC website under the “Docs” link, in the “Tips and Helpful Hints” section. Here are a handful of tips for your consideration:

- Slow down and exercise extra caution when riding in wet conditions or on heavily shaded roads or paths, particularly going downhill and around curves.
- Wear bright colors, regardless of the weather. Many cycling apparel companies offer “high-vis” jerseys and vests.
- Use front and rear lights for increased visibility, even when riding during the daytime.
- Use a mirror so you can see what’s behind you. You can purchase one that clips to your helmet, glasses, handlebars, or can be strapped to your arm or mount on the lens of your glasses.
- Use hand signals to let other road users (both cyclists and motor vehicles) know you’re planning to turn, slow down, or stop. Although vehicular hand signals are relatively universal, if you’re riding outside the US, be sure you know what’s typical for that area. (Wikipedia “Hand signals” link: https://en.wikipedia.org/wiki/Hand_signals)
- If a line of cars is forming behind you, move off the road when it’s safe to do so to let them pass.
- Carry a cell phone with you, and if you’re in an area that uses something other than 911 for emergencies, program the number into your phone so that if you need to dial it, you won’t lose valuable time trying to remember it.
- Stop and get off your bike to talk on your phone or take photos.

Tip of the Month: Before you head off on your next BAC tour, re-read the ride description and any informational emails from the Ride Leader one last time. Contact them with any questions you have – don’t assume anything! While you’re on the tour, offer to help out with happy hour, loading/unloading the luggage van, or any time the Ride Leader looks like they could use a hand.

A NOTE FROM KATE GORDON WEBSITE MANAGER

This last month brought a significant change behind the scenes for the BAC website. We say goodbye to our long time website developer, Image Genesis, and its’ principal Greg Corwin. For those who do not know, Greg has been at the helm of the BAC website since 2002. Greg’s coding skill along with his talent in visual design, honed by days as a US Naval Photographer, transformed a nascent website into the mature appealing BAC website of today. Greg’s steady guidance shepherded the website from a few content pages to a highly-evolved interactive web application. Along the way he has worked with numerous Board members, solved countless technical problems for members, and worked daily with Nancy Bohnett, our BAC Office manager.

More than just BAC’s website developer, Greg has been a long time club member and more recently, a Ride Leader. So if you happen to rub elbows with Greg on a future ride, be sure to say THANKS!

MEMBERSHIP SURVEY

BAC will be surveying the membership later in the next few months to gain a better insight on Club member preferences and priorities. This information will be used to inform decisions on the Club’s direction and potential changes to its policies.

We will use the email address on file for you. Only one response will be permitted per email address. If you would like us to use a different email address for you than the one on file, please let Nancy (office@bicycleadventureclub.org) know what email address you would like used.

TOURS (George Ellis)

- 4. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Canada’s Capital Tour Aug 21-Sept 1 2019. Ride Directors: John Stephenson & Elizabeth Buckingham. Start Location: Ottawa Ontario Canada. Finish Location: Ottawa Ontario Canada. Ride Rating: 1B!

Lake Michigan Ramble 2019 Sept 4-19, 2019 Ride Directors: Alex Wagner & Ann Barten. Start Location: Mackinaw City, Michigan. Finish Location: Mackinaw City, Michigan. Ride Rating: 2B

Morocco A Nomads Journey-Marrakech to the Dades Gorge Sept 16-29, 2019. Ride Coordinator: Tracey Rossett in conjunction with Spice Roads. Start Location: Marrakech, Morocco. Finish Location: Marrakech, Morocco. Ride Rating: 2B!

VT Northeast Kingdom Fall 2019 Sept 28-Oct 7, 2019. Ride Directors: Julie & Tom Leever. Start Location: S. Burlington, VT. Finish Location: S. Burlington, VT. Ride Rating: 3C!

Adirondacks Fall Foliage 2019 Oct 7-18, 2019. Ride Directors: Tom & Julie Leever. Start Location: S. Burlington, VT. Finish Location: S. Burlington, VT. Ride Rating: 3B

Fall Colors along the Loire Sept 28-Oct 11, 2019. Ride Coordinator: Jane Holahan. Start Location : Tours, France. Finish Location: La Baule, France. Ride Rating: 1A!

Jerusalem to Petra and Back 2019 Nov 28-Dec 15, 2019. Ride Coordinator: Eileen Vergino in conjunction with Gordon Active. Start Location: Jerusalem, Israel. Finish Location: Jerusalem, Israel. Ride Rating: 4B!

2. Rides with Space Available

- Tuscany on the Med 2018!!! Sep 5, 2018 - Sep 15, 2018 2B

- Munich to Venice Sept 10-24, 2018 2B! [Space available for both a single male and a single female to share a room with same sex.](#)
- The Coast of Maine Sep 10, 2018 - Sep 24, 2018 3B [Space available for a couple or two sharing a room.](#)
- Turin to the Sea and Back-Seeking the Perfect Cappuccino Sep 19, 2018 - Oct 3, 2018 3B [Space just opened up, a couple would be ideal, single also possible.](#)
- Girona's Mountains and Costa Brava Sep 20, 2018 - Sep 30, 2018 3B
- The Berkshires Sep 25, 2018 - Oct 6, 2018 2B [Space available for a couple or two sharing a room.](#)
- White Villages of Andalucia 2018 Oct 4, 2018 - Oct 18, 2018 3B
- Rivers and Natural Bridges of KY & OH Oct 12, 2018 - Oct 21, 2018 2B
- Dia De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Ride Leader Seminar 2018 California Nov 3, 2018 - Nov 4, 2018 1A
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B [Space just opened for a single male to share a room!](#)
- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B
- Tucson Sunshine and Saguaro Spring 2019 Mar 2, 2019 - Mar 9, 2019 2B [Space just opened up for a couple due to a cancellation.](#)
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B
- Tuscany in the Spring 2019 May 23, 2019 - Jun 2, 2019 2B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A
- Vienna Woods and the Austrian Lake District 2019 Jun 9, 2019 - Jun 23, 2019 3C
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space available for a single male and a single female to share a room](#)
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Australia: 7 Peaks and More Nov 7, 2019 - Nov 19, 2019 3C

MEMBERS CORNER

Nancy Rust... We're sorry to announce the passing of Nancy Rust on June 16 of this year. She would have been 90 in September. She is survived by her husband of 69 years Richard, 6 children, 3 grandchildren, 1 great grandchild and 2 sisters. She had a long and successful career in the Washington Legislature where she chaired the House Environmental Committee from 1983 - 94. Nancy and her husband Dick were stalwarts of BAC for many years. They participated in many rides and led the Pacific Northwest tour in her beloved Washington and British Columbia several times, which provided the foundation for the tours that are led today. Even after they stopped leading rides themselves they hosted BAC tours at their summer home

on Lopez Island. Her hospitality was warm and generous. Nancy served on the BAC Board from 1999 until 2004. She was interim Chairperson in 2004. During that time her knowledge of procedure and common sense approach to problem solving was invaluable. Our sincere sympathy is extended to Dick and the rest of her family. Submitted by Mary Oldring.

Nancy Bohnett-BAC Office Manager
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San Diego, CA 92193
858.715.9510
office@bicyleadventureclub.org
www.bicyleadventureclub.org

BAC UPDATE OCTOBER 2018

Hello BAC Members,

Welcome to the October 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

New Members We are pleased to welcome these new BAC Members who have joined us in Sept. 2018. If they live near you give them a call.

Christina Lonziser, Alameda, CA
Kara Larsen, Boulder, CO
Carver Philae, Walnut Creek, CA
Craig Heimerdinger, San Rafael, CA
Susan Smyth, Boonton, NJ
April Bridges, Henderson, NV
Gay and Howard Weisenthal, San Luis Obispo, CA
Anita Rae, Fort Collins, CO
Mary and Harry Matossian, Ukiah, CA
Karen Baker-Jarvis, Longmont, CO
Anice Greiner, Dallas, TX
Brian McHugh, San Francisco, CA
Julie Howe, Pebble Beach, CA
Irene Hayes and Gordon Malensek, Frisco, CO
MaryAnn Steeneck, Mendam, NJ
Jerry Weiss, Breckenridge, CO
Vanessa Anderson, Oakland, CA
Patricia Becker, San Jose, CA

BAC BOARD NOMINATIONS FOR 2019 ELECTION

Proposals for nominations to the BAC Board of Directors are being accepted through October 31, 2018. Two vacancies need to be filled—the terms for Karen Hass and Carol Anderson are coming to an end. To qualify, the candidate must be a member for at least two years, committed to continuing the BAC mission and values (available via the "Docs" link on the BAC web site), and preferably have led or co-led at least one tour. The Board nominating committee is particularly interested in hearing from anyone who has experience in web-based systems maintenance and design or related disciplines.

Service on the Board is four years. Candidates must be willing to commit to participating in a monthly Board meeting teleconference; attending the annual meeting in Austin, Texas, February 21-24, 2019; participating in the Ride Leader Seminar weekend (usually October or November); and participating in one or two Ride Leader Forum teleconferences per year. Board members spend an average of 25-40 hours a month on BAC club operations and Board business, depending on the position they fill on the Board.

If you or someone you know are interested in serving on the Board, please email or call the BAC office (office@bicycleadventureclub.org 858-715-9510) to receive a copy of the BAC Board application. If you are proposing someone other than yourself, please check with that person first.

TOURS (George Ellis)

- 5. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Tahoe Adventure 2019 May 31-June 9, 2019 Ride Directors: Bridgette Deshields & Ramona Turner. Start Location: South Lake Tahoe, CA. Finish Location: Tahoe City, CA. Ride Rating: 2B!

A Slice of Paradise in Colorado Aug 25-30, 2019. Ride Directors: Robert Deering & Steven Roberts. Start Location: Nathrop, Colorado. Finish Location: Nathrop, Colorado. Ride Rating: 2B!

Alsace, France Wine Route and Medieval Villages Sept 16-27, 2019. Ride Directors: Start Location: Strasbourg, France. Finish Location: Strasbourg, France. Ride Rating: 2A!

2. Rides with Space Available

- White Villages of Andalucía 2018 Oct 4, 2018 - Oct 18, 2018 3B
- Día De Los Muertos in Oaxaca Oct 30, 2018 - Nov 11, 2018 3A
- Beaches of Southern California Nov 4, 2018 - Nov 18, 2018 2B [3 Spaces still available. Need a male roommate to share room.](#)
- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Island Hopping in Bohol, Philippines Jan 13, 2019 - Jan 25, 2019 2B [Space available for a single male to share room.](#)
- Time Travel to Cuba Jan 20, 2019 - Feb 1, 2019 2B
- Hawaii 2019 - Circumnavigate The Big Island #2 Jan 21, 2019 - Feb 5, 2019 2B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B
- New Zealand North Island: Hubs and Scenic Loops Mar 13, 2019 - Mar 27, 2019 2B
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B [Space available for a single male to share room.](#)
- Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B

- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A
- Bike Wisconsin - Find the Spotted Cow Jun 9, 2019 - Jun 21, 2019 2B
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space available for a single male and a single female to share a room. For members who might be reluctant to attempt the big climbs on this ride, we have now added an optional shuttle service on two segments of the ride.](#)
- Nova Scotia: South Shore, Kejimikujik, Annapolis Valley Sep 6, 2019 - Sep 18, 2019 2B
- Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- VT Northeast Kingdom Fall 2019 Sep 28, 2019 - Oct 7, 2019 3C
- Adirondacks Fall Foliage 2019 Oct 7, 2019 - Oct 18, 2019 3B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B

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Hello BAC Members,

Welcome to the November 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

New Members We are pleased to welcome these new BAC Members who have joined us in Oct. 2018. If they live near you give them a call.

Vicki Benz, Madison, NJ
Louise Goldman and Wayne Buck, Seattle, WA
Richard Bernstein, Mill Valley, CA
Christine Traczyk, Wethersfield, CT
Nancy Ruddell, Chelsea, QC
Rita Cramer, Lincoln MA
Scott Page, Henderson, NV
Michelle McPhee and McPhee Malcolm, Anacortes, WA
Ash Abhyankar, West Vancouver, BC
Wayne Yamamoto, Lafayette, CA
Kathryn Schartz, Lawrence, KS
Dennis Bencala, San Jose, CA
Lyn Collis, Victoria, BC
Carol Hurn, Chapel Hill, NC
Arlene Whalen, Morristown, NJ
Margaret Stephens, Victoria, BC
Vivien Kilner, Washington, DC
Karen Howard, Richmond, KY
Jurgen Harding and Stefa Katamay, Victoria, BC
Grace Leff, Syracuse, NY
Elizabeth Durnford and William Grether, Anchorage, AK
Richard Wimmer, Henderson, NV
David Featherstonhaugh, Victoria, BC
Donald Carpenter, Pleasant Hill, CA
George Thomas, San Diego, CA
Thomas Vessels, Denver, CO
Trudy and Ethan BIXBY, Saint Petersburg, FL
Steven and Sandy Jakubowski, Ocala, FL
Connie and Peter Dunwoody, Victoria, BC
Michael Burke and Debbie Clement, Canadian Lakes, MI

VIEW FROM THE CHAIR (Karen Hass)

The BAC Board is planning the transition of the Board into 2019, with Carol Anderson and I completing our terms. We've had an excellent response to our request for nominee proposals for the 2019 BAC Board. Nominees put forward by the current Board for the 2019 election will be announced in the December BAC monthly update. This is the time line for the election:

- Oct 1-31 Period for nominee proposals
- Nov 1-20 Interviews of proposed nominees
- Nov 28 Board vote/decision on proposed nominees to advance to the election
- Dec 3 Notice of election in the BAC Monthly Update
- Jan 2 Election reminder email to members with voting instructions
- Jan 2-Feb 14 Members vote their proxies online via their member profile

Ride Leader Forum: The next Forum will be held on Monday, December 10th from 7-8:30pm EDT. The agenda and dial-in details will be distributed to active Ride Leaders and recent Ride Leader Seminar graduates the first week of December. If there are topics you'd like to suggest for discussion during a future Forum, contact the BAC office or any member of the Board.

Tip of the Month: Do you purchase trip cancellation insurance when you sign up for a BAC tour? Prepare for the possibility that you may need to cancel from a tour, particularly if you have health or family issues that may prevent your participation. Review the Ride Description for the tour's cancellation policy. Understand that if you cancel and cannot be replaced, you could lose a significant portion of the tour cost. Even if replaced, you may still incur some non-recoverable cancellation costs.

MEMBERSHIP SURVEY

The membership survey announced in the September 2018 Update to gain a better insight on Club members' preferences and priorities, will launch next week. This information will be used to inform decisions on the Club's direction and potential changes to its policies. If you have a spam blocker please add survey.bac@bell.net to your whitelist.

TOURS (George Ellis)

6. **New Rides Posted.** You can now sign-up for the following rides approved recently and announced in "New Ride Previews" on the BAC website homepage.

A Taste of Frances Central Massif Sept 12-27, 2019. Ride Directors: Woody Sherwood & Marnie Easley. Start Location: Toulouse, France. Finish Location: Toulouse, France. Ride Rating: 2B!

Civil War History Loop Sept 15-27 2019. Ride Director: Rich Gallo. Start Location: Leesburg, VA. Finish Location: Leesburg, VA. Ride Rating: 3B!

North Island Tour-New Zealand. March 8-22, 2020 Ride Coordinator: Albert Balingit in conjunction with NZBicycletours Ltd. Start Location:Auckland, NZ. Finish Location: Christchurch, NZ. Ride Rating: 3C!

South Island Tour-New Zealand. March 25-April 9, 2020 Ride Coordinator: Albert Balingit in conjunction with NZBicycletours Ltd. Start Location: Christchurch, NZ. Finish Location: Christchurch, NZ. Ride Rating: 3C!

2. Rides with Space Available

- Temecula - Where The Sun Breaks Through The Mist Nov 4, 2018 - Nov 10, 2018 2B
- Jerusalem to Petra, Jordan and Back 2018 Nov 29, 2018 - Dec 16, 2018 4B
- Patagonia, A Chile & Argentina Adventure Jan 6, 2019 - Jan 20, 2019 3B [Space available for a single female to share room.](#)
- Hawaii 2019 - Circumnavigate The Big Island #2 Jan 21, 2019 - Feb 5, 2019 2B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B
- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- San Francisco and North Bay Tour Apr 6, 2019 - Apr 17, 2019 2B
- Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B
- National Parks of Southern Utah May 19, 2019 - Jun 1, 2019 3C
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Tahoe Adventure 2019 May 31, 2019 - Jun 9, 2019 2B
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A [6 Spaces available!](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space available for a single male and female to share room.](#)
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B
- A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B
- Salzburg to the Adriatic Aug 30, 2019 - Sep 13, 2019 2B
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space available for a single male and female to share room.](#)
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space available for a single female to share room.](#)
- Alsace, France Wine Route & Medieval Villages Sep 16, 2019 - Sep 27, 2019 2A
- Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- Adirondacks Fall Foliage 2019 Oct 7, 2019 - Oct 18, 2019 3B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C

- Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B

NEW BAC RIDE LEADERS

Introducing Tracey and Jim Rossett as new Ride Leaders who are looking forward to leading the Morocco A Nomads Journey - Marrakech to the Dades Gorge (Sept 16 – 29, 2019). They have been BAC members since 2014 participating in several BAC rides as well as being serious bikers for over 30 years. Aside from their normal weekly biking and spin classes, they've done Centuries and have always taken domestic and international biking vacations as a couple (or family) with other tour groups or planned them on their own while making lifelong friends during such trips. Most recently, they did a two month ride in SE Asia that covered six countries (Thailand, Burma/Myanmar, Vietnam, Cambodia, Singapore, and Malaysia) and over 1,500 miles of mostly off road biking which was a phenomenal cultural and bike riding experience. Needless to say that they have an adventurous spirit and enjoy exploring various regions of the globe. They wish to share their joy of riding and exploring the world by contributing to the BAC as Ride Leaders as well as utilize their senior level executive business experiences and skills to make the rides safe, interesting and FUN!! So they would like to take this opportunity to invite BAC members to join them on their new Morocco ride as well as any future rides that they plan to organize.

MEMBERS CORNER

Sad News: Anne Brown, long time BAC member, passed away on Oct. 25, 2018. Anne joined BAC in 1995 with her husband Rick Brown. She served on the BAC board from 2002-2005. She and Rick also led 2 rides – "The Three Peninsulas of Ireland - Section 2" in 2003, and "A Civil War Odyssey" in 2004. She was also an officer on the board with her local bicycle club, Potomac Peddlers Touring Club (PPTC). There will be a memorial service Nov. 18th in Washington, DC. Contact the BAC office for further information on the service, or for Rick Brown's address if you'd like to send a condolence card.

Here are some sentiments from a few BAC members who served on the Board with Anne.

From Graham Fleming: Anne's and my board terms were the same, I was privileged to serve with her. I admired Anne, her sterling character set a good example for all of us; always modest, we all of us treasured her take on things. She was a true leader, by example not by talk. I held her in the highest esteem. BAC was lucky to be able to count her as a member. My sincerest condolences go to Rick.

From Bill Deverell: Marne & I were saddened to hear of the sudden passing of Member Anne Brown. She and Rick rode with us on two of our Colorado rides; she especially loved to come to Colorado and we saw them in the Winter also. Anne was a board member when I was Chair a decade or so ago. She was a fine rider, a thoughtful board participant and, above all, a wonderful person. We send our condolences to Rick and the children....

From Don Coffin: I too am saddened by Anne Brown's passing. Although my association with her was limited to BAC Board activities, I agree wholeheartedly with Bill D's comments. Interpersonal relations on the Board were generally cordial during Anne's term, but we nevertheless were confronted with some decisions where agreement was not unanimous. On the rare occasions when the discussion started to get heated, Anne was often the peacemaker.

For Sale S&S coupled bike travelling case. I have aged out of flying with my S&S coupled bike, so I would like to find a home for its soft sided traveling case, and some packing material. The case is roughly 25"x25"x12" and has made several international trips without an oversize charge or damage to its contents. Free, you pick it up in Palo Alto or pay for shipping. Contact Wilson Cooper, wrcooper38@gmail.com

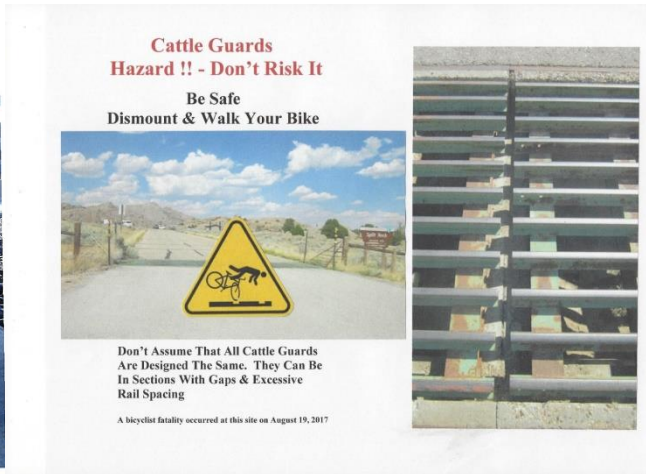
Safety – Chapter 2 by Gail Husson

I've been a bit remiss in writing more articles about safety while cycling, but I was quite busy this summer riding the BAC Northern Tier ride with Rich Gallo and about 26 others. It was a fantastic trip! Anyone wanting more information, please contact me.

I wanted to bring to people's attention the issue of cattle guards. (This applies mostly to riding in the Western part of the US). Last summer, the brother of a close friend of mine died after a crash involving a cattle guard in Wyoming, while crossing into the entrance of a state park. He was a very experienced cyclist, but came upon a type of cattle guard that had vertical gaps between the sections of the guard. The gaps are wide enough so that a road bike tire can slip down between them, causing the bike to come to a sudden stop, resulting in the rider being thrown forward.

I distributed the flier (shown below) to the folks on our cross-country ride and talked about the issues at our map meeting. I sometimes still ride over cattle guards, but not before examining the structure and proceeding slowly.

Other areas of concern are steel deck bridges which can become very slippery when wet. I have walked my bike across them on occasion. And lastly, can be the issue of expansion joints in concrete bridges. Below is one example. If you search on "expansion joints in road bridges", you will find images of the various configurations. Again, there can be gaps wide enough to cause problems for a road bike, including pinch flats and rim damage. I remember encountering large expansion joints as we rode the bridge near Niagara Falls in Canada back into NY.



Submitted by Gail Husson

Ride on!

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Hello BAC Members,

Welcome to the December 2018 BAC Monthly Update. On the first business day of each month we'll be sending you the latest BAC news.

PROXY SOLICITATION FOR BOARD MEMBER ELECTION 2019 from Dec 15th 2018 — Jan 15th 2019. NOTE THAT THE PROXY SOLICITATION PROCESS WILL BEGIN EARLIER THAN IN RECENT YEARS!

On Dec. 15th 2018 you will receive an email with instructions on how you can assign your proxy. With the end of the term for board members Carol Anderson and Karen Hass approaching, we will have two vacant board positions to be filled in 2019. The four candidates for these two positions are listed below; please identify up to two of the four for which you'd like to assign your proxy. The Board Chair will vote the proxies as directed at the Annual General Meeting on February 21, 2019. **You will need to have a current membership prior to December 13th 2018 in order to assign your proxy.**

Jan Erickson (Winthrop, WA) I have been a member in good standing with BAC since 2008 and committed to the philosophy of the mission statement; connecting members socially through organized tours, mutual respect for others, and members' independence and self-reliance with the adventure we all expect. It is important to pay forward and pay back. An organization cannot survive without its members' involvement. I consider myself as one who plays well with others and can look at the big picture for a good outcome of ideas. I have been a co-leader on four rides that Jim and I developed and led. Jim and I led three rides and one of our rides with another BAC leader. I am always willing to help other leaders while on rides. I have been on nine domestic and four international BAC ride. Jim and I have done a number of self-contained rides. I taught High School Physical Education for 28 years, and was the Director for a Wellness Program for the Faculty and Staff of over 1200. I have been a presenter and leader for the Tacoma Mountaineers, presenter at the Washington State Track and Field Annual Conference, served as President of my Homeowners Association, and the Events Director (14 events) and Volunteer Coordinator (200 volunteers) and eventually became a Board Member of Methow Trails. I am a good project manager and perfected that work through my positions with Methow Trails. I know what it takes to be a contributing member of a board. I organize well and have good logistical skills. I would be honored to serve as member of the Board of Directors.

Tom Leever (Hendersonville, NC) I have felt that I was promoting the success of BAC by leading tours. However, others pointed out that my skills could be useful to the board. Julie and I have led over 50 volunteer led tours for BAC. We also see coordinated tours making good sense, where scouting difficulty and/or language issues dictated them. I was one of the developers of the ride leader seminars and co-led the first three year's seminars. I have served on eight other boards for 3-10 years each, ranging from public education to Meals on Wheels. My work history started with a management training program and progressed from HR thru a variety of management positions, which led to owning a company manufacturing electroplating equipment and eventually to running a similar division of a larger company. I've generally had sales, accounting, IT, engineering and production staff reporting to me, leading to a good working knowledge in a wide area. Areas I'd like to work on as a Board member are making a long term

plan (and sticking to it) and making being a Board member a rewarding experience so that others will want to contribute.

Chris Marsh (Rio Rancho, NM) Chris joined BAC in 2011 and has participated in 14 rides including four as Ride Leader and has enjoyed making friends with fellow BAC members. Over the last 40 years, Chris has led hundreds of rides and been on the Boards of a number of bicycle organizations including five years as a board member of the League of American Bicyclists where he was Treasurer and Secretary. Professionally, Chris was an electrical engineer at MITRE where he provided technical management to very large government programs. Chris is currently on the board of two non-profit bicycle advocacy groups and Vice Chair of the Rio Rancho Parks and Recreation Commission.

James Yuhn (Fredericksburg, TX) I joined BAC in 2002. I have participated in 6 BAC rides, most recently completing the 750 mile “Epic Ireland.” I have 3 BAC rides scheduled for 2019. In addition I have ridden numerous other tours in the U.S. and Europe, and led several private tours. In 2018 I retired from a 30+ year career in high tech. I worked in varied capacities including software development, product manager, sales, and management. My primary goal in joining the BAC board is to ensure our website continues to support the club’s needs. I anticipate some future challenges in the areas of security and technology obsolescence. Given our dependence on the website, especially since we now handle credit card payments for ride fees, it is best to address any issues sooner rather than later. Other areas of interest to me include streamlining the ride review, approval, and accounting processes, utilizing technology such as webinars to support ride leader training, and standardizing on best practices for the board of directors.

VIEW FROM THE CHAIR (Karen Hass)

What’s Different About the 2019 BAC Board Election? You’ll notice a few differences from recent years with the upcoming BAC election cycle:

- This year we have 4 candidates for 2 board member vacancies. You will be able to assign your proxy for 2 of the 4 candidates. **Please review the candidate biographies above and when you vote your proxy, consider the experience and skills each candidate has to offer as a board member.** The Board would benefit particularly at this time from having a new board member who has technical experience with websites or web-based systems maintenance or design, or related disciplines.
- The period for the solicitation of proxies will start on December 15th 2018 and end on January 15th 2019. Note that the start date is earlier and 2 weeks shorter than announced in the November update.

Ride Leader Forum: The next Forum will be held on Monday, December 10th from 7-8:30pm ET. The agenda and dial-in details have been distributed to active Ride Leaders and recent Ride Leader Seminar graduates. The agenda will include: (1) Review of new insurance requirements for member drivers on BAC tours, (2) Use of the Sample Ride Description and current BWFA, and (3) Ride approval process – how can the Board make it less frustrating? BAC members who will be drivers on upcoming tours, or have driven on BAC tours in the last several years, have also been invited.

BAC Annual Meeting of Members and Meet the BAC Board Social Hour in Fredericksburg, TX on Thursday February 21, 2019!! Any BAC members who wish to join us are invited to the Annual General Meeting of the Members on Thurs. February 21, 2019 at 4:30pm followed immediately by a Social Gathering to meet your Board of Directors. The purpose of the AGM is

to (1) vote the proxies (both those received electronically via the BAC website and from members present at the AGM) for two new Board members for 2019, (2) approve the draft minutes from the 2018 AGM ("[Minutes from the Annual General Meeting March 2018.pdf](#)" located in "Docs" on the BAC website), and (3) review and approve the 2018 Financial Accounting. The specific location for the meeting and social hour will be announced in the January 2019 BAC Monthly Update. Please RSVP to Nancy Bohnett in the BAC Office (office@bicycleadventureclub.org) if you would like to join us for the annual meeting and happy hour.

Liability Insurance Changes Impacting BAC Member Drivers. The Ride Leader Policy and Guidelines have long identified the minimum requirements for van drivers. Our insurance company is now requiring positive confirmation that anyone driving a vehicle to support a BAC ride has an acceptable motor vehicle record (MVR) and personal insurance that covers at least \$100,000 of bodily injury sustained by a single person injured in an accident, up to \$300,000 total for bodily injury per accident, and up to \$100,000 in property damage.

Membership Survey. Many thanks to the 939 members who successfully completed the recent membership survey between November 6th and November 20th. Data compilation and analysis is now ongoing. It is anticipated that this will be completed and a report drafted by mid January 2019. If you have any additional comments that you would like considered and were not able to enter due to the limitation in the length of the field for open ended questions, please send it to survey.bac@bell.net.

New Members We are pleased to welcome these new BAC Members who have joined us in Nov. 2018. If they live near you give them a call.

Karen Painter, Redmond, OR
Faye Rafferty, Albuquerque, NM
Sylvia Shiroyama, Seattle, WA
David and Carol Storey, Franktown, CO
Tracy Patton, Santa Rosa, CA
Rodney Amen, San Jose, CA
Arlene King, Eagle, ID
Lynn Carlson, Granite Shoals, TX
Christine and Helmut Gieben, Portland, OR
Marianne Morris, Portland, OR
James Zevely, Anacortes, WA
Elisabeth Albert, New York, NY
Robert Falcone, Long Valley, NJ
Linda Abdu, Hanover, NH
David Dryer, El Dorado Hills, CA
Anita Bora, Arlington, VA
Peter Ackroyd, Seattle, WA
Edward David Crane, Jeffersonville, VT
Holly Williams, Lancaster, PA
Martin and Anita Johnson, Anacortes, WA
Mike Holley, Kirkwood, MO
Karen Lee Labarge, Gainesville, FL
Samuel and Gail McClary, Marysville, WA
Richard Cocks, Cincinnati, OH

David Urciuoli, Long Beach, CA
Randy and Kay Kolb, Marysville, WA
Alan Marks, Albuquerque, NM
Albert Meerscheidt, Kirkland, WA
Kathy McCabe, Toronto, ON

TOURS (George Ellis)

- 7. New Rides Posted.** You can now sign-up for the following rides approved recently and announced in “New Ride Previews” on the BAC website homepage.

Shenandoah Valley Sampler-With Two Bike Festivals! Oct 18-27, 2019 Ride Director: Rita Zeidner & Harold Datz. Start Location: Staunton, VA. Finish Location: Warrenton, VA. Ride Rating: 3B!

Glacier National Park Bike & Hike 2020 July 11-25, 2020. Ride Director: Warner Griswold. Start Location: Kalispell Montana. Finish Location: Kalispell Montana. Ride Rating: 2B!

Yellowstone Bike & Hike 2020 Aug 1-15, 2020. Aug 19-Sept 4, 2020 Ride Director: Warner Griswold. Start Location: Belgrade Montana. Finish Location: Belgrade Montana. Ride Rating: 2B!

Salzburg Double Loop-Seven Lakes Aug 19-Sept 4, 2020 Ride Director: Warner Griswold. Start Location: Salzburg, Austria. Finish Location: Salzburg, Austria. Ride Rating: 2B!

Croatia Island Tour Sept 6-25, 2020 Ride Coordinator: Warner Griswold in conjunction with Sitnica. Start Location: Trieste Italy. Finish Location: Dubrovnik Croatia. Ride Rating: 3B!

Cooperstown 2020 Oct 9-16, 2020 Ride Directors: Ida Nystrom & Elizabeth Nystrom. Start Location: Cooperstown, New York. Finish Location: Cooperstown, New York. Ride Rating: 2B.

2. Rides with Space Available

- Patagonia, A Chile & Argentina Adventure Jan 6, 2019 - Jan 20, 2019 3B
- Island Hopping in Bohol, Philippines Jan 13-25, 2019 2B [Space available for a single female to share room](#)
- Hawaii 2019 - Circumnavigate The Big Island #2 Jan 21, 2019 - Feb 5, 2019 2B
- Paso Robles Ramble 2019 Feb 17, 2019 - Feb 23, 2019 3B

- Flowers In the Hills Mar 31, 2019 - Apr 8, 2019 2B
- Surprising Sardinia - Italy's Splendid Adventure May 13, 2019 - May 25, 2019 3B
- National Parks of Southern Utah May 19, 2019 - Jun 1, 2019 3C [Space available for a single female to share room](#)
- Brittany Coast and Normandy Beaches May 24, 2019 - Jun 6, 2019 2B [Space for 2 people to share a room and a single female](#)
- Portugal: Wildflowers and Castles in the Spring May 26, 2019 - Jun 7, 2019 3B
- Tahoe Adventure 2019 May 31, 2019 - Jun 9, 2019 2B [11 more participants needed to keep this ride from cancelling. Also single female to share room.](#)
- Hadrian's Wall and the Scottish Borders Jun 1, 2019 - Jun 15, 2019 2B
- June Journey on the Loire 2019 Jun 7, 2019 - Jun 20, 2019 1A [5 spaces available](#)
- Neolithic Scotland: The Northern Isles Jun 15, 2019 - Jun 29, 2019 2B [Space available for a single male to share room](#)
- Ireland: Southwest Peninsulas 2019 Jun 16, 2019 - Jun 29, 2019 2B
- Madagascar-Cycling the 8th Continent Jul 29, 2019 - Aug 12, 2019 2B
- England the Easy Way (Or Not). A Tour of East Anglia Aug 4, 2019 - Aug 17, 2019 1A
- Canada's Capital Tour Aug 24, 2019 - Sep 1, 2019 1B
- A Slice of Paradise in Colorado 2019 Aug 25, 2019 - Aug 30, 2019 2B
- Vancouver, Whistler and the British Columbia Coast Sep 1, 2019 - Sep 12, 2019 3B [Space for single male sharing and a single female sharing](#)
- A Taste of France's Central Massif Sep 12, 2019 - Sep 27, 2019 2B
- Czech Republic and Austria: Prague to Salzburg Sep 12, 2019 - Sep 23, 2019 3B [Space available for a single female to share room](#)
- Civil War History Loop Sep 15, 2019 - Sep 27, 2019 3B
- Morocco A Nomads Journey - Marrakech to the Dades Gorge Sep 16, 2019 - Sep 29, 2019 2B
- Fall Colors along the Loire Sep 28, 2019 - Oct 11, 2019 1A
- The Best of China: Pandas to Peaks Oct 14, 2019 - Oct 28, 2019 2B
- Australia: Goldfields, Grampians and Great Ocean Road Oct 28, 2019 - Nov 7, 2019 3C
- Jerusalem to Petra and Back 2019 Nov 28, 2019 - Dec 15, 2019 4B
- North Island Tour-New Zealand Mar 8, 2020 - Mar 22, 2020 3C
- South Island Tour-New Zealand Mar 25, 2020 - Apr 9, 2020 3C

MEMBERS CORNER

Tahoe Adventure 2019 Need signups!!! May 31-June 9, 2019. Signups needed NOW!! If anyone is interested, "please sign up right away, otherwise this tour will be cancelled unless we get at least 11 more participants. I also have one single female in need of a roommate, If interested contact Bridgette DeShields bridgettedeshields@sbcglobal.net

Anyone interested in leading a trip and need a Co-leader? I have co-led a trip before (Crete, Greece 2018) and would like to co-lead again. If anyone is considering leading a ride and would like help leading let me know...It can be either a domestic or international location. If so please contact me, Betsy Folkerth betsyfolkerth@gmail.com

Germany this summer? Would you like to cycle around Germany this summer? Germany has an extremely high density of bicycle paths and it should be possible to make an entire trip on bicycle paths. I am a member of BAC looking for someone(s) who would like to cycle Germany with me this summer and who can speak and read enough German to keep me from getting hopelessly lost. (Note: this is not a BAC trip, just something I am interested in doing personally). I have found some great websites with many bike paths and nearby hotels but since I don't know German I feel insecure about flying over and trying this on my own. I'm currently suggesting starting in Copenhagen, taking the EuroVelo Route 7 to Berlin, then the Berlin Wall trail, then resuming the EuroVelo 7 to Dresden or Prague. Then I run into difficulty because of my limited German and map reading skills, I'd like to go west from Dresden to Lake Constance, which has a nice circumnavigating bike route. Please contact me David Rempel at barrashee@aol.com if interested to discuss further. We should be able to do 50 miles daily on relatively flat terrain.

Bordeaux to Alpe D'Huez (Intersecting Le Tour de France)– 2020 Interested? This is just a feeler to see if there's interest in a 4C ride across Southern France in 2020. Point to Point. 13 days riding. Most days: 50-55 miles No estimate of the cost yet. This is just to see if there's interest in a tougher ride than most BAC rides.

The route would start in Bordeaux with two or three 1C rides through the Bordeaux wine country, near the Dordogne and Lot rivers. Staying or passing through St. Emilion, Bergerac, Rocamadour, Conques. About day six or seven the hills get more pronounced as we ride through the Central Massif and the Tarn Gorges. After testing your descending skills it's on to Avignon, and the Pont du Gard (a Roman aqueduct that the Tour de France will use in 2019). Moving out of Avignon the route is through Orange (with a well preserved Roman Theatre) or an option to go over Mount Ventoux. Then we move north through the foothills of the Alpes finishing with an ascent of legendary L' Alpe d'Huez. (The last day is only 35 miles, but 6000 ft of climbing. You should have your climbing legs ready by then.)

I also intend to intersect Le Tour de France, hopefully for a couple days. The problem there is that the 2020 Tour route won't be unveiled until October 2019. So to seriously watch the Tour itself we can't set a final ride route until October 2019. The best times for this ride would be July 5th – 19th 2020. But I'll need you to be flexible, until at least Oct 2019. If I were leading this tour in 2019, I'd intersect Le Tour in Nimes and Avignon, maybe even 3 days of watching.

I'll also need a co-trip leader and a driver. Preferably someone who speaks fluent French, has an EMS background, can drive a van in Paris rush hour, and worked as a bicycle mechanic once. While that unicorn might not exist in this country, it doesn't hurt to aim high.

If interested contact Rich Olver richolver@comcast.net

Hard riding in Colorado summer 2019? You may have heard that there are mountains in Colorado. There's also many organized/supported rides to take advantage of them. While I'm not going to put together a BAC ride for 2019, if you would like info and help signing up for our rides just drop me a line at richolver@comcast.net I've done these rides many times.

Ride the Rockies <https://www.ridetherockies.com/> June 8 – 15 2019 The route isn't announced until Feb. The vast majority of the website is currently devoted to the 2018 ride. Which at 6 days, 418 miles, 26,000 ft of climbing makes this a 4D ride.

Triple Bypass - <https://triplebypass.org/> July 13, 2019 While there are shorter ride options, the real Triple is 120 miles and 10,000 ft vertical. I'd say that that makes this a 6E ride rating.

Also check out these one day rides:

Santa Fe Century May 19, 2019 <http://santafecentury.com/> Santa Fe, New Mexico

Elephant Rock Ride June 2, 2019 <https://www.elephantrockride.com/> Castle Rock, Co.

Copper Triangle Aug 3, 2019 <https://www.coppertriangle.com/> Start and end at Copper Mtn., Co.

Tour of the Moon Sept 28, 2019 <https://www.tourofthemoon.com/> Grand Junction, Co.

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